

EYFS F2 Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Yoga	Get your morning off to a great start with a good stretch! Watch Cosmic Kids Yoga on Youtube for easy to follow instructions. https://www.youtube.com/results?search_query=cosmic+kids+yoga				
Phonics	<p>Sing these Tricky Word songs (https://www.youtube.com/watch?v=R0871YrRpgY)</p> <p>And https://www.youtube.com/watch?v=TvMyssfAUx0</p> <p>Now write down as many as you can from memory. Check which you need to practise and spend 20 minutes going over them. Make sure you form your letters correctly using the pre cursive script.</p>	<p>Recap the following letter sounds: s, a, t, i, p, n, m, d, g, o, c, k, e, u, r, h, b, f, l, j, v, w, x, y, z, ck, qu, ch, sh, th, ng, ai, ee, igh, oa, oo, ar, or, er, ow, oi, ear, air, ure, er (Parents, if you don't know how to pronounce any of these sounds, watch the following video) https://www.youtube.com/watch?v=-ksblMiliA8</p> <p>Make a set of phonics cards with each sound on. Make sure you form the letters correctly. Decorate your cards on the back.</p>	<p>Recap the letter sounds just like yesterday.</p> <p>Use your set of cards to make words. Start with simple words with a vowel in the middle like cat, dog, tap. Then use digraphs and/or trigraphs (2 and 3 letter sounds) in the middle. How many can you make?</p>	<p>Sing these Tricky Word songs (https://www.youtube.com/watch?v=R0871YrRpgY)</p> <p>And https://www.youtube.com/watch?v=TvMyssfAUx0</p> <p>Now write down as many as you can from memory. Check which you need to practise and spend 20 minutes going over them.</p> <p>Make sure you form your letters correctly using the pre cursive script.</p>	<p>Recap the letter sounds using your phonics cards. Now go to this website called Phonics Bloom https://www.phonicsbloom.com/</p> <p>Pick a reading game matched to your current ability.</p>
Physical	<p>Scissor skills (please see the EYFS F2 Home Work sheet).</p>	<p>Pencil control: Carefully draw your favourite toy. Now colour it in. Remember to stay in the lines.</p>	<p>Go to the dough disco! https://www.youtube.com/watch?v=i-lfzeG1aC4</p>	<p>Watch this story and then act it out. Get as physical as you can! https://www.youtube.com/watch?v=U89dkGrsYZY</p>	<p>Ball skills: Practise throwing a ball up into the air and catching again. How many times can you do it without dropping it?</p>
Maths	<p>Watch the Number 10 Numberblocks episode. https://www.youtube.com/watch?v=0oEZc2Deeqc</p> <ul style="list-style-type: none"> Show me 10 fingers – how many different ways can you find? 	<p>Watch this video https://www.youtube.com/watch?v=rsAmz08nBV4</p> <p>Now watch it again, pause it, and write each number, forming them correctly.</p>	<p>Collect 10 objects. Split them up and find all the number bonds to 10. For example, 4+6, 8+2, 0+10, 6+4</p> <p>Write them all down if you can.</p> <p>See if you can memorise them. Now ask an adult to say a number from 0 to 10. You tell them what number you have to</p>	<p>Make a poster showing all the things you know about number 10.</p>	

	<ul style="list-style-type: none"> • Practise doing 10 actions – jump, clap etc. Focus on stopping after 10. • Find 10 objects. • Show your child examples of what 10 is and isn't – can they see what isn't? • What is one more than 10? What is 1 less than 10? • What does 10 look like? 	<p>Now, make your own number line</p> 	<p>add to it for them to equal 10. Check your answer with objects if necessary.</p>		
Writing	<p>Practise writing your full name. Don't forget your middle name if you have one and your surname.</p>	<p>Practise your letter formation.</p>	<p>Lay your phonic cards out in front of you. Pick one and write a word that contains it. If you can, write a sentence that contains your word. Repeat it with longer words in you can. For example: if you pick m, write mat. Then write 'the red mat'. Further example: if you pick air, write chair. Then write 'the red coat is on the chair'.</p>	<p>Practise your letter formation.</p>	<p>Choose a picture from this website and write about it http://www.pobble365.com/ Depending on your current ability, write initial sounds, simple words, a short caption or a few sentences.</p>
<p>See F2 Homework sheet for more activities to be completed at home over the next two weeks. Please note: 'You' refers to the child.</p>					

Please note: This document, with active links, is available on the school website.