



Tim wore a Russian
Sokol space suit
designed especially for
travelling to and from the
International Space
Station in a Soyuz
spacecraft.

Can you guess what some of those valves and features do?

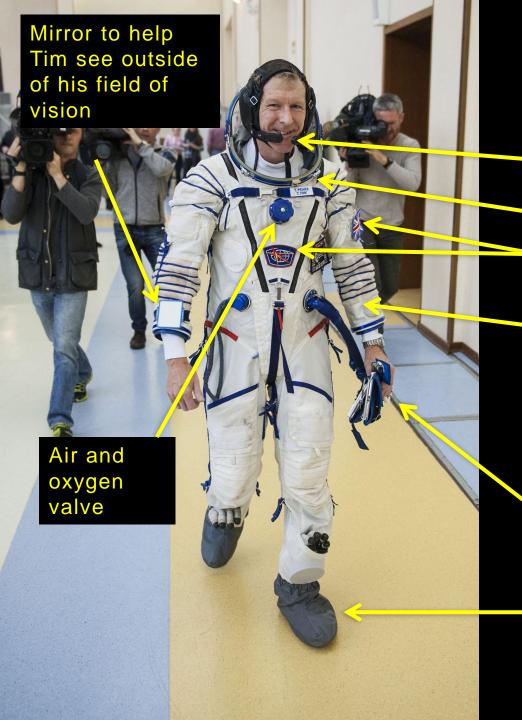
Photo: ESA/NASA



Tim and his fellow astronauts had to sit in this cramped position inside the Soyuz spacecraft. The Sokol suit is designed especially for this. Photo: ESA/NASA

This is Tim doing a test run inside a replica Soyuz capsule. Look how squashed he is! Can you imagine sitting like that for hours and hours? *Photo: ESA/NASA* 





## Special features of the Sokol space suit

Microphone for communicating

Helmet (attaches here)
Mission patches

Gauge to monitor pressure within the suit. Tim has a pressure layer on underneath the suit.

Removable gloves

**Built-in boots** 

Photo: ESA/NASA



## Challenge Questions:

"Sokol" is a Russian word. Can you find out what it means?

Why does the Sokol suit need an inner pressure layer?

If something goes wrong, what can the Sokol suit do to protect astronauts?

What is an EVA suit and how is it different to this one? Can you make your own presentation about the EVA suit Tim wore on his mission?