

# Coronavirus Resources for Parents who have Children with Autism

## Explaining Coronavirus:

- **MENCAP Easy Read Information Leaflet for People with Learning Disabilities**
  - <https://www.mencap.org.uk/sites/default/files/2020-03/Information%20about%20Coronavirus%20ER%20UPDATED%20130320%20SD%20editsAH.pdf>
- **Carol Gray's Social Story on Coronavirus (accessible via National Autistic Society):**
  - <https://www.autism.org.uk/services/helplines/coronavirus.aspx>
  - <https://carolgraysocialstories.com/wp-content/uploads/2020/03/Pandemics-and-the-Coronavirus.pdf>
- **CBBC Newsround Coronavirus Information**
  - <https://www.bbc.co.uk/newsround/51911025>
- **CBBC Myth busting**
  - <https://www.bbc.co.uk/bitesize/articles/zb23382>

## General Information for Supporting your Child while at Home:

- **Nation Autistic Society (NAS) Information for Preparing for Change**
  - <https://www.autism.org.uk/about/behaviour/preparing-for-change.aspx>
- **NAS Information for Routines and Obsessive Behaviours**
  - <https://www.autism.org.uk/about/behaviour/obsessions-repetitive-routines.aspx##routines>
- **NAS Information for Sensory Difficulties**
  - <https://www.autism.org.uk/about/behaviour/sensory-world.aspx>