

# Bricknell Primary School

## Physical Education Long



### Key Concepts:

**Performance:** Using physical competence and knowledge to gain a better understanding of physical activity.

**Creativity:** Exploring and experimenting with techniques, tactics and compositional ideas to produce efficient and effective outcomes.

**Healthy, active lifestyles:** Understanding the positive contribution that regular, fit for purpose physical activity makes to the physical and mental health of the individual in preparation for their future lives

**Evaluation and analysis:** Comparing performance with previous ones and those of others to demonstrate improvement to achieve their personal best

### Second order concepts:

These can be used across all aspects of a subject to organise the substantive knowledge taught.

**Teamwork** (Communication and the understanding of the strengths of others)

**Respect** (Respect for inclusion, diversity and the rules of the game)

**Self-discipline** (regulate own emotions)

**Participation** (Confidence and a positive mental attitude towards partaking within a range of physical activities)

## Whole School Overview

	<u>Autumn 1 &amp; Autumn 2</u>	<u>Spring 1 &amp; Spring 2</u>	<u>Summer 1 &amp; Summer 2</u>
EYFS	Team Games Gymnastics Development Goal—Ball skills (Physical Milestones)	Striking and Fielding Physical Milestones Development Goal— Riding a bike (Physical Milestones)	Dance & movement Athletics Development Goal—Tennis (Physical Milestones)
Year 1	Team Games (invasion) Dance and Movement Evaluation (Physical Milestones)	Gymnastics Physical Milestones Evaluation (Physical Milestones)	Striking and Fielding Athletics Evaluation (Physical Milestones)
Year 2	Team Games (invasion) Gymnastics Evaluation (Physical Milestones)	Dance and movement Physical Milestones Evaluation (Physical Milestones)	Striking and Fielding Athletics Evaluation (Physical Milestones)
Year 3	Team Games (invasion) Dance and Movement Gymnastics Evaluation	Outdoor Adventurous Net and Wall Evaluation	Striking and Fielding Athletics Evaluation
Year 4	Dance and Movement Gymnastics Team Games (invasion) Evaluation	Net and Wall Outdoor Adventurous Evaluation	Striking and Fielding Athletics Evaluation
Year 5	Team Games (Invasion) Dance and Movement Gymnastics Leadership Evaluation	Outdoor Adventurous Net and Wall Leadership Evaluation	Striking and Fielding Athletics Leadership Evaluation
Year 6	Dance and Movement Gymnastics Team Games (invasion) Leadership Evaluation	Net and Wall Outdoor Adventurous Leadership Evaluation	Striking and Fielding Athletics Swimming Leadership Evaluation

The Physical milestones unit for pupils in EYFS and KS1 is planned to take place in the first 3-4 weeks of Autumn term 1. This unit is to revisit and assess the prior years objectives in basic skills within the PE curriculum. It provides the opportunity to identify gaps in learning and address these early in the school year. This ensures that pupils have the knowledge required to access their next progressive steps in their education and enable them to access the National Curriculum.

Because of the disruption to learning due to COVID for the previous two years, Physical milestone activities and Basic skills assessment will run throughout the year for these year groups.