



Physical Education

Medium Term Planning

Year 3



Key Concepts and Progression Overview



Team Games

Invasion
Striking & Fielding
Net & Wall

F2

Combine different movements with ease and fluency

Develop and refine a range of ball skills

Year 1

To be able to throw and kick in different ways

To throw underarm, catch a ball consistently and strike a ball with a racket.

Year 2

To throw, hit or kick a ball with increasing accuracy and begin to use tactics in a game when attacking and

To use hand-eye coordination to control a ball and decide the best space to be in during a game

Year 3

To be aware of space and use it to support team-mates and to cause problems for the opposition

To throw and catch with control

To serve underarm and build up a rally

Year 4

To keep possession of a ball and vary tactics depending on what's happening in a game.

To catch with one hand and hit, bowl, throw and catch with increasing accuracy

Play a variety of shots and develop greater accuracy of strokes.

Year 5

To gain possession by working as a team, choose a tactic for attacking and defending and pass in different ways.

To use a range of techniques when fielding

Serve overarm, develop techniques for ground strokes, backhand and volleys

Year 6

Communicate a plan to a team, pass, dribble and shoot with control and accuracy and apply basic principles for attacking and defending

Play competitive games to agreed rules, use a range of techniques in a game situation.

Use different shots in a game situation to outwit an opponent



Dance & Movement

Progress towards a fluent style of moving

Perform dance moves

Change rhythm, speed, level and direction in a dance

Improvise freely and translate ideas from a stimulus into a movement

Dance to communicate an idea through a range of movements and patterns

Compose own dances in a variety of ways which shows clarity, fluency, accuracy and consistently

To develop sequences in a specific style



Gymnastics

Develop body-strength, balance, coordination and agility

Control their body when travelling and balancing in different ways

Use balance, agility and coordination in a range of activities and perform a sequence of coordinated movements

Adapt sequences to suit different types of apparatus and criteria

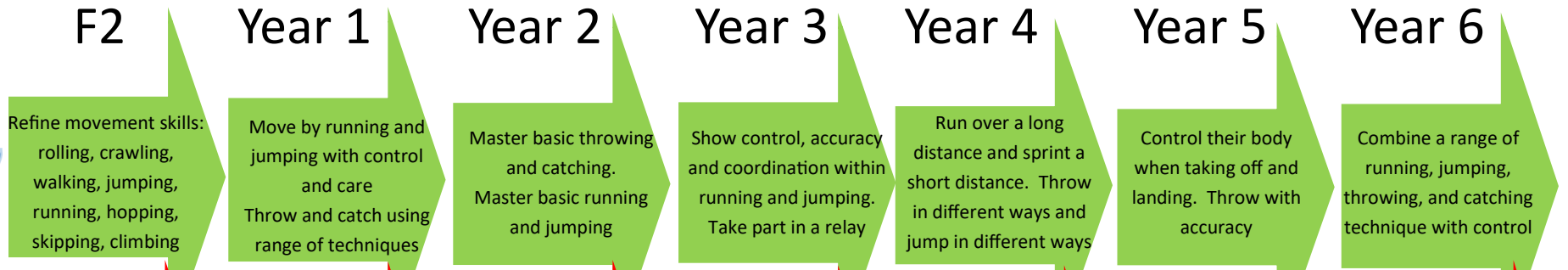
Include a range of shapes in a sequence

To combine action, balance and shape to make complex extended sequences

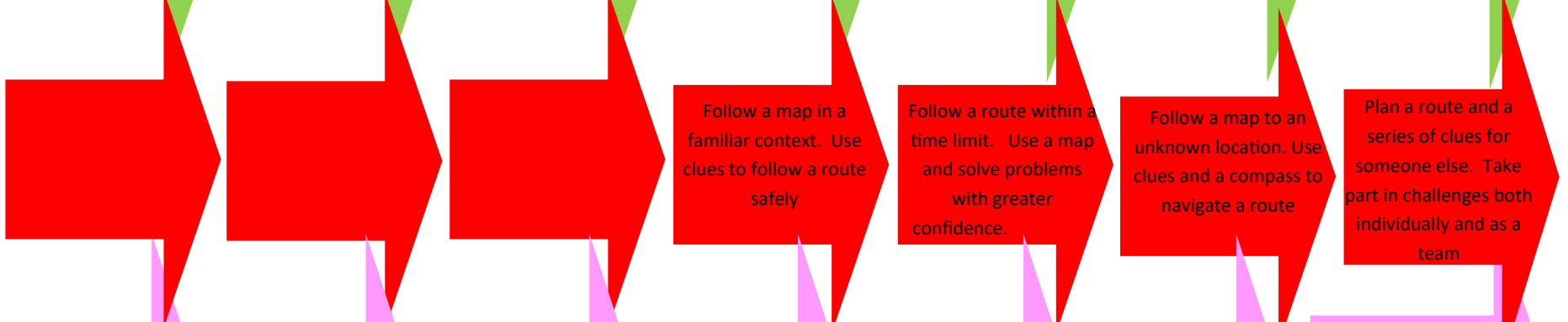
Develop technical sequences in a specific style and demonstrate flexibility, strength, control and balance in a sequence.



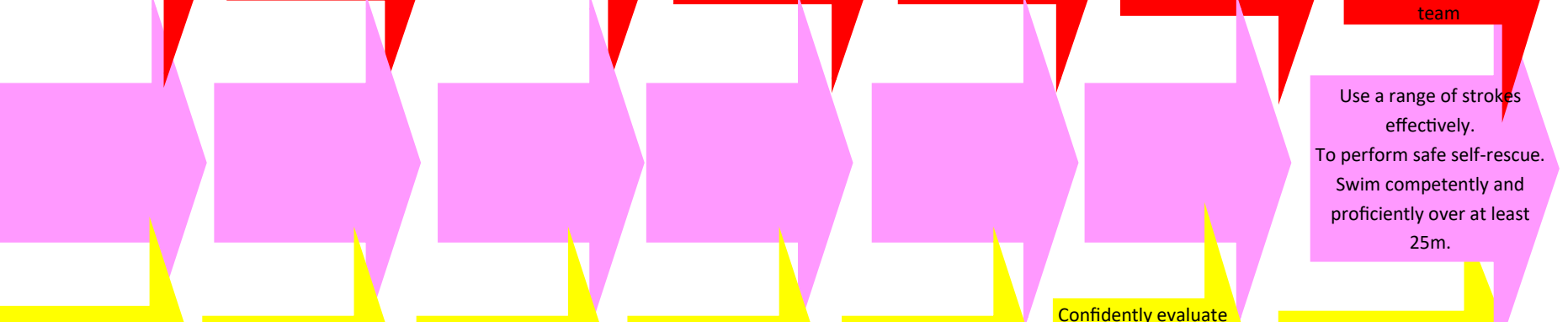
Athletics



Outdoor Adventurous



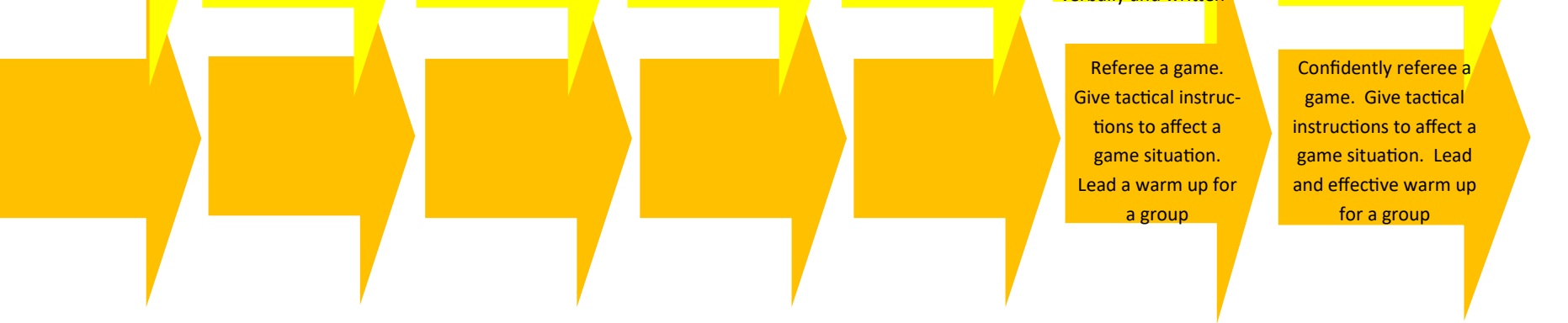
Swimming













Evaluate



Leadership



Year 3 PE—Yearly Overview

Autumn	Spring	Summer
<p data-bbox="264 284 613 316">Team Games (Invasion)</p> 	<p data-bbox="949 284 1290 316">Outdoor & Adventure</p> 	<p data-bbox="1545 284 2056 316">Team Games (striking & Fielding)</p> 
<p data-bbox="264 614 613 646">Dance and Movement</p> 	<p data-bbox="1016 614 1223 646">Net and Wall</p> 	<p data-bbox="1733 614 1868 646">Athletics</p> 
<p data-bbox="344 946 524 978">Gymnastics</p> 	<p data-bbox="1039 946 1200 978">Evaluation</p> 	<p data-bbox="1711 946 1872 978">Evaluation</p> 
<p data-bbox="353 1286 519 1318">Evaluation</p> 		

Autumn Term



Team Games (Invasion)

Autumn 1—All classes



<i>Prior Learning</i>	<ul style="list-style-type: none"> Mastered basic throwing and catching skills, to use balance, agility and coordination in a range of activities, use hand-eye coordination to control a ball, is able to catch a variety of objects and began to apply these in a range of activities. Participate in team games, developing simple tactics for attacking and defending. Be able to identify a good performance and say why.
<i>End Points</i>	<ul style="list-style-type: none"> To be aware of space and use it to support team-mates and to cause problems for the opposition To know and use rules fairly To be able to compare my performances with previous ones, explaining differences and effectiveness
<i>Vocabulary</i>	Technique, Attack, Defence, Creativity, Change of Pace, Ball Speed

Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
 	<i>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</i>	Lesson 1 Revisit Prior Learning 	OO: To master throwing and catching skills. To use hand-eye coordination to control a ball. To be able to catch a variety of objects. LO: I can confidently throw and catch a ball under and overarm. I can use hand-eye coordination to control a ball. I can confidently catch a variety of objects.	Throwing and catching dribbling Competitive games	Rugby balls Basketballs Cones

Autumn Term



Team Games (Invasion)

Autumn 1—All classes

Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
 	<i>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</i>	Lesson 2	OO: To be aware of space and use it to support team-mates and to cause problems for the opposition. LO: I can understand the difference between attack and defence. I can identify space in order to receive away from an opponent.	Attacking and defending, (to combine with others to pass opponents) Space	balls Bibs Cones
	<i>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</i>	Lesson 3	OO: To be aware of space and use it to support team-mates and to cause problems for the opposition Be able to identify a good performance and say why. LO: I can pass a ball with both hands and feet with precision. I am able to identify a good performance and say why.	Attacking and defending, (to combine with others to pass opponents) passing	balls Cones Bibs
	<i>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</i>	Lesson 4	OO: To know and use rules fairly Be able to identify a good performance and say why. LO: I can use the correct technique for receiving a ball to maintain possession and use it in a game. I am able to identify a good performance and say why.	Attacking and defending, (to combine with others to pass opponents) Receive	balls Cones Bibs

Autumn Term



Team Games (Invasion)

Autumn 1—All classes

Key Concept	Second Order Concepts	Lesson Sequence		Domain Knowledge	Resources
 	<p><i>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</i></p>	Lesson 5	<p>OO: To be aware of space and use it to support team-mates and to cause problems for the opposition To know and use rules fairly. To be able to compare my performances with previous ones, explaining differences and effectiveness Be able to identify a good performance and say why.</p> <p>LO: To pass and receive , to evade an opponent and understand why this was successful or not.</p>	<p>Attacking and defending, (to combine with others to pass opponents) Link– Space, pass and receive Competitive games</p>	
		Lesson 6 Final assessment week	<p>OO: To be aware of space and use it to support team-mates and to cause problems for the opposition To know and use rules fairly. To be able to compare my performances with previous ones, explaining differences and effectiveness Be able to identify a good performance and say why.</p> <p>LO: To pass and receive , to evade an opponent and understand why this was successful or not. Be able to identify a good performance and say why.</p>	<p>Attacking and defending, (to combine with others to pass opponents) Link– Space, pass and receive Competitive games</p>	

Autumn Term

Dance and Movement/Gymnastics

Autumn 2—3GC & 3HM

Spring 1—3MT



<i>Prior Learning</i>	<ul style="list-style-type: none"> To change rhythm, speed, level and direction in a dance To use balance, agility and coordination in a range of activities
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<i>End Points</i>	<p>Dance and Movement</p> <p>To be able to improvise freely and translate ideas from a stimulus into movement</p> <p>To be able to share and create phrases with a partner and small group</p> <p>To be able to repeat, remember and perform phrases</p> <p>Gymnastics</p> <p>To be able to adapt sequences to suit different types of apparatus and criteria</p> <p>To be able to explain how strength and suppleness affect performance</p> <p>To be able to compare and contrast gymnastic sequences</p> <p>To be able to compare my performances with previous ones, explaining differences and effectiveness</p>
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<i>Vocabulary</i>	<p>Dance and Movement — Flow, Theme, Purpose, Composition, Sequence, Motif, Flexibility, Travelling, Improvise</p> <p>Gymnastics— Leap, Landing, Hold</p>
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Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
 	<p><i>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</i></p>	<p>Lesson 1</p> <p>Dance</p>	<p>OO: To be able to improvise freely and translate ideas from a stimulus into movement</p> <p>To be able to share and create phrases with a partner and small group</p> <p>To be able to repeat, remember and perform phrases</p> <p>Evaluate: To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO: I can improvise freely and translate ideas from a stimulus into movement</p> <p>I can share and create phrases with a partner and small group</p> <p>I am able to repeat, remember and perform phrases</p> <p>Evaluate: I can compare my performances with previous ones, explaining differences and effectiveness</p>	<p>Combine and sequence movement patterns</p> <p>(To improvise movements to a stimulus to create and repeat performances)</p> <p>Improvise-Create-Perform</p>	<p>Mats</p> <p>Music</p> <p>Picture Stimulus</p>



Autumn Term

Dance and Movement/Gymnastics

Autumn 2—3GC & 3HM

Spring 1—3MT



Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
 	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and analysis</i></p>	<p>Lesson 2 Dance</p>	<p>OO: To be able to improvise freely and translate ideas from a stimulus into movement To be able to share and create phrases with a partner and small group To be able to repeat, remember and perform phrases Evaluate: To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO: I can improvise freely and translate ideas from a stimulus into movement I can share and create phrases with a partner and small group I am able to repeat, remember and perform phrases Evaluate: I can compare my performances with previous ones, explaining differences and effectiveness</p>	<p>Combine and sequence movement patterns (To improvise movements to a stimulus to create and repeat performances) Link— Improve-Create-Perform</p>	<p>Mats Music Picture Stimulus</p>
	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and analysis</i></p>	<p>Lesson 3 Dance Final Assessment Week</p>	<p>OO: To be able to improvise freely and translate ideas from a stimulus into movement To be able to share and create phrases with a partner and small group To be able to repeat, remember and perform phrases Evaluate: To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO: I can improvise freely and translate ideas from a stimulus into movement I can share and create phrases with a partner and small group I am able to repeat, remember and perform phrases Evaluate: I can compare my performances with previous ones, explaining differences and effectiveness</p>	<p>Combine and sequence movement patterns (To improvise movements to a stimulus to create and repeat performances) Improvise-Create-Perform</p>	<p>Mats Music Picture Stimulus</p>



Autumn Term

Dance and Movement/Gymnastics

Autumn 2—3GC & 3HM

Spring 1—3MT



Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
 	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and</i> <i>analysis</i></p>	<p>Lesson 4 Gymnastics</p>	<p>OO: To be able to adapt sequences to suit different types of apparatus and criteria To be able to explain how strength and suppleness affect performance To be able to compare and contrast gymnastic sequences Evaluate: To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO: I can adapt sequences to suit different types of apparatus and criteria I can explain how strength and suppleness affect performance I can compare and contrast gymnastic sequences Evaluate: I can compare my performances with previous ones, explaining differences and effectiveness</p>	<p>Combine and sequence movement patterns</p> <p>(To adapt, explain and compare sequences of movement)</p> <p>Adapt, Explain, Compare</p>	<p>Mats Activity cards Benches Agility Tables Hoops Cones</p>
	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and</i> <i>analysis</i></p>	<p>Lesson 5 Gymnastics</p>	<p>OO: To be able to adapt sequences to suit different types of apparatus and criteria To be able to explain how strength and suppleness affect performance To be able to compare and contrast gymnastic sequences Evaluate: To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO: I can adapt sequences to suit different types of apparatus and criteria I can explain how strength and suppleness affect performance I can compare and contrast gymnastic sequences Evaluate: I can compare my performances with previous ones, explaining differences and effectiveness</p>	<p>Combine and sequence movement patterns</p> <p>(To adapt, explain and compare sequences of movement)</p> <p>Link—Adapt, Explain, Compare</p>	<p>Mats Activity cards Benches Agility Tables Hoops Cones</p>



Autumn Term

Dance and Movement/Gymnastics

Autumn 2—3GC & 3HM

Spring 1—3MT



Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
 	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and analysis</i></p>	<p>Lesson 6 Gymnastics Final Assessment Week</p>	<p>OO: To be able to adapt sequences to suit different types of apparatus and criteria To be able to explain how strength and suppleness affect performance To be able to compare and contrast gymnastic sequences Evaluate: To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO: I can adapt sequences to suit different types of apparatus and criteria I can explain how strength and suppleness affect performance I can compare and contrast gymnastic sequences Evaluate: I can compare my performances with previous ones, explaining differences and effectiveness</p>	<p>Combine and sequence movement patterns (To adapt, explain and compare sequences of movement) Perform—Adapt, Explain, Compare</p>	<p>Mats Activity cards Benches Agility Tables Hoops Cones</p>

Spring Term



Outdoor & Adventure

Spring 1– 3GC & 3HM

Autumn 2– 3MT



<i>Prior Learning</i>	<ul style="list-style-type: none"> • Work independently and as a team • With support, To be able to identify a good performance
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<i>End Points</i>	<ul style="list-style-type: none"> • To be able to follow a map in a familiar context • To be able to use clues to follow a route safely • To be able to compare my performances with previous ones, explaining differences and effectiveness
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<i>Vocabulary</i>	Team, Discuss, Describe, Safety, Direction, Understanding, Identify, Problem, Risk.
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Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
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	<i>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</i>	Lesson 1 Introduction to orienteering and map reading	OO: To be able to follow a map in a familiar context LO: I understand the symbols used in orienteering and can follow a basic map within a familiar context.	Compete and Cooperate (Follow a planned route using clues)	Symbol cards Map of school playground/field.
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Spring Term



Outdoor & Adventure

Spring 1– 3GC & 3HM

Autumn 2– 3MT

Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
 	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and analysis</i></p>	Lesson 2	<p>OO: To be able to follow a map in a familiar context Evaluate: To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO: I can follow a map in a familiar context Evaluate: I can compare my performances with previous ones, explaining differences and effectiveness</p>	<p>Compete and Cooperate (Follow a planned route using clues) Follow</p>	<p>Map & clipboard Cones Markers</p>
	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and analysis</i></p>	Lesson 3	<p>OO: To be able to use clues to follow a route safely Evaluate: To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO: I can use clues to follow a route safely Evaluate: I can compare my performances with previous ones, explaining differences and effectiveness</p>	<p>Compete and Cooperate (Follow a planned route using clues) Investigate</p>	<p>Map & Clipboard Clues Markers Cones</p>
	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and analysis</i></p>	Lesson 4	<p>OO: To be able to follow a map in a familiar context To be able to use clues to follow a route safely Evaluate: To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO: I can follow a map in a familiar context I can use clues to follow a route safely Evaluate: I can compare my performances with previous ones, explaining differences and effectiveness</p>	<p>Compete and Cooperate (Follow a planned route using clues) Arrive</p>	<p>Map & Clipboard Markers Clues cones</p>

Spring Term



Outdoor & Adventure

Spring 1– 3GC & 3HM

Autumn 2– 3MT

Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
 	<p><i>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</i></p>	Lesson 5	<p>OO: To be able to follow a map in a familiar context To be able to use clues to follow a route safely Evaluate: To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO: I can follow a map in a familiar context I can use clues to follow a route safely Evaluate: I can compare my performances with previous ones, explaining differences and effectiveness</p>	<p>Compete and Cooperate</p> <p>(Follow a planned route using clues)</p> <p>Link—Follow, Investigate, Arrive</p>	<p>Map & Clipboard</p> <p>Markers</p> <p>Clues</p> <p>cones</p>
		Lesson 6 Final Assessment Week	<p>OO: To be able to follow a map in a familiar context To be able to use clues to follow a route safely Evaluate: To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO: I can follow a map in a familiar context I can use clues to follow a route safely Evaluate: I can compare my performances with previous ones, explaining differences and effectiveness</p>	<p>Compete and Cooperate</p> <p>(Follow a planned route using clues)</p> <p>Follow, Investigate, Arrive</p>	<p>Map & Clipboard</p> <p>Markers</p> <p>Clues</p> <p>cones</p>

Spring Term



Net and Wall

Spring 2– All classes



<i>Prior Learning</i>	<ul style="list-style-type: none"> • To be able to throw underarm • To begin to catch more consistently • To be able to strike with a racket or bat
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<i>End Points</i>	<ul style="list-style-type: none"> • To be able to throw and catch with control • To be able to serve underarm • To be able to build up a rally • To be able to compare my performances with previous ones, explaining differences and effectiveness
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<i>Vocabulary</i>	Positioning, Team, Height, Movements, Space, Accuracy, Agility, Balance, Coordination
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Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
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	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and</i> <i>analysis</i></p>	<p>Lesson 1 Revisit prior learning</p>	<p>OO: To be able to throw underarm To begin to catch more consistently To be able to strike with a racket or bat</p>	<p>Agility, Balance and coordination (To send and receive with control)</p>	
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Spring Term





Net and Wall Spring 2– All classes

Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
 	<p><i>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</i></p>	Lesson 2	<p>OO: To be able to throw and catch with control To be able to serve underarm Evaluate- To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO: I can throw with control Evaluate– I can compare my performances with previous ones, explaining differences and effectiveness</p>	<p>Agility, Balance and coordination (To send and receive with control) Throw</p>	<p>Beanbags Variety of different sized balls Cones Bibs</p>
	<p><i>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</i></p>	Lesson 3	<p>OO: To be able to throw and catch with control Evaluate- To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO:: I can catch an object with control Evaluate– I can compare my performances with previous ones, explaining differences and effectiveness</p>	<p>Agility, Balance and coordination (To send and receive with control) Catch</p>	<p>Beanbags Variety of different sized balls Cones Bibs</p>
	<p><i>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</i></p>	Lesson 4	<p>OO: To be able to build up a rally Evaluate- To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO:: I am starting to build up a rally with a partner Evaluate– I can compare my performances with previous ones, explaining differences and effectiveness</p>	<p>Agility, Balance and coordination (To send and receive with control) Rally</p>	<p>Beanbags Tennis rackets/balls Badminton rackets/shuttlecocks Nets cones</p>

Spring Term



Net and Wall Spring 2– All classes

Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and analysis</i></p>	Lesson 5	<p>OO: To be able to throw and catch with control To be able to serve underarm To be able to build up a rally Evaluate- To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO: I can throw and catch with control I can serve underarm I can build up a rally with a partner Evaluate– I can compare my performances with previous ones, ex-</p>	<p>Agility, Balance and coordination (To send and receive with control) Link—Throw, catch, rally</p>	<p>Beanbags Tennis rackets/balls Badminton rackets/shuttlecocks Nets cones</p>
	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and analysis</i></p>	Lesson 6 Final Assessment week	<p>OO: To be able to throw and catch with control To be able to serve underarm To be able to build up a rally Evaluate- To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO: I can throw and catch with control I can serve underarm I can build up a rally with a partner Evaluate– I can compare my performances with previous ones, ex-</p>	<p>Agility, Balance and coordination (To send and receive with control) Throw, catch, rally</p>	<p>Beanbags Tennis rackets/balls Badminton rackets/shuttlecocks Nets cones</p>
					

Summer Term



Striking & Fielding

Summer 1– All classes



<i>Prior Learning</i>	To be able to send and receive To be able to follow rules To be able to catch a variety of objects	To be able to decide the best space to be in during a game To use hand-eye coordination to control a ball To be able to identify a good performance and say why
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<i>End Points</i>	To be able to throw and catch with control To be aware of space and use it to support team-mates and to cause problems for the opposition To know and use rules fairly
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<i>Vocabulary</i>	Throw, Catch, Look, Movements, Accuracy, Fielding, Positioning, Team
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Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
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 	<i>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</i>	Lesson 1 	OO: To be able to send and receive To use hand-eye coordination to control a ball To be able to decide the best space to be in during a game To be able to follow rules To catch a variety of objects Evaluate: To be able to identify a good performance and say why. OO: I can send and receive objects to a partner. I can use hand-eye coordination to control a ball I can decide the best space to be in during a game. I can follow and play to the rules of a game. I am able to catch a variety of objects Evaluate: I can identify a good performance and say why.	Striking and Fielding (To be able to position yourself to send and receive a variety of objects) Position, Coordination, Catch	Cones Bibs Various size balls Bean bags Bats/rackets,
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Summer Term



Striking & Fielding

Summer 1– All classes



Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
 	<p><i>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</i></p>	<p>Lesson 2</p>	<p>OO: To be able to throw and catch with control Evaluate: To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO: I can throw and catch different objects with control Evaluate: I can compare my performances with previous ones, explaining differences and effectiveness</p>	<p>Striking and Fielding</p> <p>(To use space effectively when sending an object to cause problems for opposition)</p> <p>Control</p>	<p>Cones</p> <p>Bibs</p> <p>Various objects to throw and catch</p>
	<p><i>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</i></p>	<p>Lesson 3</p>	<p>OO: To be aware of space and use it to support team-mates and to cause problems for the opposition Evaluate: To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO: I am aware of space within a game and can use it to support team-mates I am aware of space within a game and can use it to cause problems for the opposition Evaluate: To be able to compare my performances with previous ones, explaining differences and effectiveness</p>	<p>Striking and Fielding</p> <p>(To use space effectively when sending an object to cause problems for opposition)</p> <p>Space</p>	<p>Cones</p> <p>Bibs</p> <p>Bats/rackets</p> <p>Tennis balls</p>
	<p><i>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</i></p>	<p>Lesson 4</p>	<p>OO: To know and use rules fairly Evaluate: To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO: I know that rules are used in games and that the rules should be used fairly. Evaluate: I can compare my performances with previous ones, explaining differences and effectiveness</p>	<p>Striking and Fielding</p> <p>(To use space effectively when sending an object to cause problems for opposition)</p> <p>Fair</p>	<p>Cones</p> <p>Bibs</p> <p>Bats/rackets</p> <p>Tennis balls</p>

Summer Term



Striking & Fielding

Summer 1– All classes

Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
 	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and</i> <i>analysis</i></p>	Lesson 5	<p>OO: To be able to throw and catch with control To be aware of space and use it to support team-mates and to cause problems for the opposition To know and use rules fairly Evaluate: To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO: I can throw and catch different objects with control I am aware of space within a game and can use it to support team-mates I am aware of space within a game and can use it to cause problems for the opposition I know that rules are used in games and that the rules should be used fairly. Evaluate: I can compare my performances with previous ones, explaining differences and effectiveness</p>	<p>Striking and Fielding (To use space effectively when sending an object to cause problems for opposition) Link-Control, Space, Fair</p>	<p>Cones Bibs Various objects to throw and catch Bats/rackets Tennis balls</p>
	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and</i> <i>analysis</i></p>	Lesson 6 Final Assessment Week	<p>OO: To be able to throw and catch with control To be aware of space and use it to support team-mates and to cause problems for the opposition To know and use rules fairly Evaluate: To be able to compare my performances with previous ones, explaining differences and effectiveness</p> <p>LO: I can throw and catch different objects with control I am aware of space within a game and can use it to support team-mates I am aware of space within a game and can use it to cause problems for the opposition I know that rules are used in games and that the rules should be used fairly. Evaluate: I can compare my performances with previous ones, explaining differences and effectiveness</p>	<p>Striking and Fielding (To use space effectively when sending an object to cause problems for opposition) Control, Space, Fair</p>	<p>Cones Bibs Various objects to throw and catch Bats/rackets Tennis balls</p>

Summer Term

Athletics

Summer 2– All classes



<i>Prior Learning</i>	Mastered basic throwing and catching. Mastered basic running and jumping
<i>End Points</i>	To show control, accuracy and coordination within running and jumping movements at different speeds To be able to take part in a relay, remembering when to run and how to work within a team To be able to compare my performances with previous ones, explaining differences and effectiveness
<i>Vocabulary</i>	Control, Body, Jumping, Variety, Tempo, Speeds, Accuracy, Movements, Targets



Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
 Athletics Evaluate	<i>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</i>	Lesson 1 Revisit Prior Learning 	OO: To master basic running and jumping To master basic throwing and catching Evaluate: To be able to identify a good performance and say why. LO: I can run and jump with control and accuracy I can send an object with control, accuracy and confidently. I can improve on previous attempts. Evaluate: I can identify a good performance and say why.	Fundamental Movements & Personal Best (Competently throw, catch and travel) Travel, Send, Master	Beanbags Javelins Shot put Measuring tape Jump mat
	<i>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</i>	Lesson 2	OO: To show control, accuracy and coordination within running and jumping movements at different speeds Evaluate: To be able to compare my performances with previous ones, explaining differences and effectiveness LO: I can show control within running and jumping movements at different speeds. Evaluate: I can compare my performances with previous ones, explaining differences and effectiveness	Fundamental Movements & Personal Best (Work individually and as part of a team to show control, accuracy and coordination when travelling) Control	Hurdles Cones Stop watches

Summer Term



Athletics

Summer 2– All classes



Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
 	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and analysis</i></p>	Lesson 3	<p>OO: To show control, accuracy and coordination within running and jumping movements at different speeds Evaluate: To be able to identify a good performance and say why.</p> <p>LO: I can run and jump with a fluent movement. Evaluate: I can identify a good performance and say why.</p>	<p>Fundamental Movements & Personal Best</p> <p>(Work individually and as part of a team to show control, accuracy and coordination when travelling)</p> <p style="text-align: center;">Fluency</p>	<p>Hurdles</p> <p>Cones</p> <p>Measuring tape</p> <p>Jump mat</p>
	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and analysis</i></p>	Lesson 4	<p>OO: To be able to take part in a relay, remembering when to run and how to work within a team Evaluate: To be able to identify a good performance and say why.</p> <p>LO: I can take part in a relay, remembering when to run and how to work within a team Evaluate: I can identify a good performance and say why.</p>	<p>Fundamental Movements & Personal Best</p> <p>(Work individually and as part of a team to show control, accuracy and coordination when travelling)</p> <p style="text-align: center;">Team</p>	<p>Relay batons</p> <p>Cones</p>
	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and analysis</i></p>	Lesson 5	<p>OO: To show control, accuracy and coordination within running and jumping movements at different speeds To be able to take part in a relay, remembering when to run and how to work within a team Evaluate: To be able to identify a good performance and say why.</p> <p>LO: I can show control, accuracy and coordination within running and jumping movements at different speeds I can take part in a relay, remembering when to run and how to work within a team Evaluate: I can identify a good performance and say why.</p>	<p>Fundamental Movements & Personal Best</p> <p>(Work individually and as part of a team to show control, accuracy and coordination when travelling)</p> <p>Link-Control, fluency, Team</p>	<p>Hurdles</p> <p>Cones</p> <p>Stop watches</p> <p>Relay batons</p> <p>Cones</p>

Summer Term



Athletics

Summer 2– All classes

Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
 <p style="text-align: center; font-size: 24px; font-weight: bold;">Athletics</p>  <p style="text-align: center; font-size: 24px; font-weight: bold;">Evaluate</p>	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and analysis</i></p>	<p>Lesson 6 Final Assessment week</p>	<p>OO: To show control, accuracy and coordination within running and jumping movements at different speeds To be able to take part in a relay, remembering when to run and how to work within a team Evaluate: To be able to identify a good performance and say why.</p> <p>LO: I can show control, accuracy and coordination within running and jumping movements at different speeds I can take part in a relay, remembering when to run and how to work within a team Evaluate: I can identify a good performance and say why.</p>	<p>Fundamental Movements & Personal Best (Work individually and as part of a team to show control, accuracy and coordination when travelling) Control, fluency, Team</p>	<p>Hurdles Cones Stop watches Relay batons Cones</p>