



# Physical Education

## Medium Term Planning

### Year 6



## Key Concepts and Progression Overview



### Team Games

Invasion  
Striking & Fielding  
Net & Wall

F2

Combine different movements with ease and fluency

Develop and refine a range of ball skills

Year 1

To be able to throw and kick in different ways

To throw underarm, catch a ball consistently and strike a ball with a racket.

Year 2

To throw, hit or kick a ball with increasing accuracy and begin to use tactics in a game when attacking and

To use hand-eye coordination to control a ball and decide the best space to be in during a game

Year 3

To be aware of space and use it to support team-mates and to cause problems for the opposition

To throw and catch with control  
To serve underarm and build up a rally

Year 4

To keep possession of a ball and vary tactics depending on what's happening in a game.

To catch with one hand and hit, bowl, throw and catch with increasing accuracy

Play a variety of shots and develop greater accuracy of strokes.

Year 5

To gain possession by working as a team, choose a tactic for attacking and defending and pass in different ways.

To use a range of techniques when fielding

Serve overarm, develop techniques for ground strokes, backhand and volleys

Year 6

Communicate a plan to a team, pass, dribble and shoot with control and accuracy and apply basic principles for attacking and defending

Play competitive games to agreed rules, use a range of techniques in a game situation.

Use different shots in a game situation to outwit an opponent

### Dance & Movement

Progress towards a fluent style of moving

Perform dance moves

Change rhythm, speed, level and direction in a dance

Improvise freely and translate ideas from a stimulus into a movement

Dance to communicate an idea through a range of movements and patterns

Compose own dances in a variety of ways which shows clarity, fluency, accuracy and consistently

To develop sequences in a specific style

### Gymnastics

Develop body-strength, balance, coordination and agility

Control their body when travelling and balancing in different ways

Use balance, agility and coordination in a range of activities and perform a sequence of coordinated movements

Adapt sequences to suit different types of apparatus and criteria

Include a range of shapes in a sequence

To combine action, balance and shape to make complex extended sequences

Develop technical sequences in a specific style and demonstrate flexibility, strength, control and balance in a sequence.



## Athletics

**F2**  
Refine movement skills:  
rolling, crawling,  
walking, jumping,  
running, hopping,  
skipping, climbing

**Year 1**  
Move by running and  
jumping with control  
and care  
Throw and catch using  
range of techniques

**Year 2**  
Master basic throwing  
and catching.  
Master basic running  
and jumping

**Year 3**  
Show control, accuracy  
and coordination within  
running and jumping.  
Take part in a relay

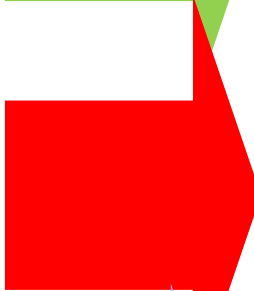
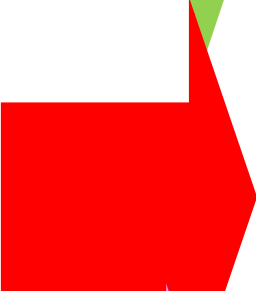
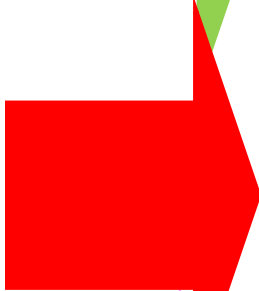
**Year 4**  
Run over a long  
distance and sprint a  
short distance. Throw  
in different ways and  
jump in different ways

**Year 5**  
Control their body  
when taking off and  
landing. Throw with  
accuracy

**Year 6**  
Combine a range of  
running, jumping,  
throwing, and catching  
technique with control



## Outdoor Adventurous



Follow a map in a  
familiar context. Use  
clues to follow a route  
safely

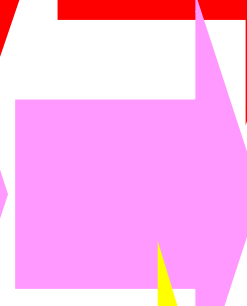
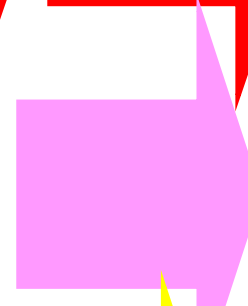
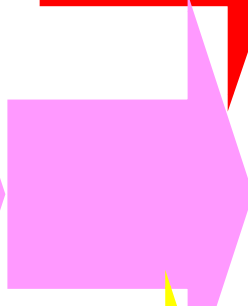
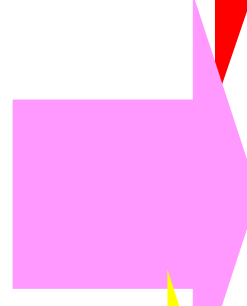
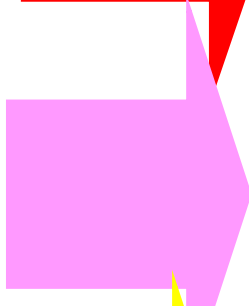
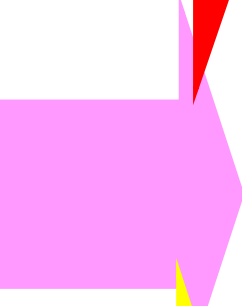
Follow a route within a  
time limit. Use a map  
and solve problems  
with greater  
confidence.

Follow a map to an  
unknown location. Use  
clues and a compass to  
navigate a route

Plan a route and a  
series of clues for  
someone else. Take  
part in challenges both  
individually and as a  
team



## Swimming



Use a range of strokes  
effectively.  
To perform safe self-rescue.  
Swim competently and  
proficiently over at least  
25m.



## Evaluate



With support,  
identify a good  
performance

Identify a good  
performance and  
say why

Compare  
performances with  
previous ones,  
explaining differences  
and effectiveness

Confidently evaluate  
own performance  
and discuss  
improvements

Confidently evaluate  
own and others  
performances,  
discussing  
improvements  
verbally and written

Evaluate own and  
others performance  
discussing improve-  
ments to deliver a  
better performance

















## Leadership



Referee a game.  
Give tactical instruc-  
tions to affect a  
game situation.  
Lead a warm up for  
a group

Confidently referee a  
game. Give tactical  
instructions to affect a  
game situation. Lead  
and effective warm up  
for a group

## Year 6 PE—Yearly Overview

Autumn	Spring	Summer
<p><b>Team Games (Invasion)</b></p> 	<p><b>Outdoor &amp; Adventure</b></p> 	<p><b>Team Games (striking &amp; Fielding)</b></p> 
<p><b>Dance and Movement</b></p> 	<p><b>Net and Wall</b></p> 	<p><b>Swimming</b></p> 
<p><b>Gymnastics</b></p> 	<p><b>Evaluation</b></p> 	<p><b>Athletics</b></p> 
<p><b>Evaluation</b></p> 	<p><b>Leadership</b></p> 	<p><b>Evaluation</b></p> 
<p><b>Leadership</b></p> 		<p><b>Leadership</b></p> 

## Autumn Term



### Team Games (invasion)

Autumn 1—6JK

Autumn 2—6MM & 6CB



<i>Prior Learning</i>	To be able to gain possession by working as part of a team To be able to pass in different ways To be able to choose a tactic for defending and attacking To be able to use a number of techniques to pass, dribble and shoot (verbally and written)
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<i>End Points</i>	To be able to play competitive games to agreed rules To be able to explain rules to others To be able to communicate a plan to my team To be able to use a number of techniques to pass, dribble and shoot with control and accuracy To be able to apply basic principles suitable for attacking and defending I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) To be able to confidently referee a game applying their knowledge of the rules effectively To be able to give tactical instructions to affect a game situation To be able to lead an effective warm up for a group
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<i>Vocabulary</i>	Agility, Balance, Coordination, Stationary, Position, Fielding, Shield, Possession, Striking
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Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
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  	<p><i>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</i></p>	<p>Lesson 1</p> <p>Revisit prior learning</p>	<p>OO: To be able to use a number of techniques to pass, dribble and shoot (verbally and written)</p> <p>To be able to pass in different ways</p> <p>To be able to gain possession by working as part of a team</p> <p>To be able to choose a tactic for defending and attacking</p> <p>OO: Evaluation-To be able to confidently evaluate my own and other's performances, discussing improvements (verbally and written)</p> <p>LO: I am able to independently and as part of a team keep possession of the ball.</p> <p>I can defend and keep the ball to regain possession.</p> <p>I can reflect and make appropriate decisions around attacking and defending.</p> <p>LO: Evaluation-I can confidently evaluate my own and other's performances, discussing improvements (verbally and written)</p>	<p>Attacking and defending (to create and apply tactics to maintain and regain possession)</p> <p>maintain, regain, reflect</p> <p>Competitive game</p>	<p>Footballs</p> <p>Bibs</p> <p>Cones</p> <p>Pop-up goals</p>
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## Autumn Term

Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
  	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and</i> <i>analysis</i></p>	Lesson 2	<p>OO: To be able to communicate a plan to my team To be able to use a number of techniques to pass, dribble and shoot with control and accuracy To be able to apply basic principles suitable for attacking and defending</p> <p>OO: Evaluate- I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)</p> <p>LO: I can use different techniques to pass, dribble and shoot and apply the basic principles of attacking.</p> <p>LO: Evaluate- I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)</p>	<p><b>Attacking and Defending</b>  (To apply attacking and defending skills within modified games)  Attack</p>	
	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and</i> <i>analysis</i></p>	Lesson 3	<p>OO: To be able to communicate a plan to my team To be able to apply basic principles suitable for attacking and defending</p> <p>OO: Evaluate- I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)</p> <p>OO: Leadership -To be able to confidently referee a game applying my knowledge of the rules effectively To be able to give tactical instructions to affect a game situation To be able to lead an effective warm up for a group</p> <p>LO: I can communicate a plan to my team. I can apply the basic principles of defending</p> <p>LO: Evaluate- I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)</p> <p>LO: Leadership –I can confidently referee a game applying my knowledge of the rules effectively I can give tactical instructions to affect a game situation I can lead an effective warm up for a group</p>	<p><b>Attacking and Defending</b>  (To apply attacking and defending skills within modified games)  Defend</p>	
	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and</i> <i>analysis</i></p>	Lesson 4	<p>OO: To be able to play competitive games to agreed rules To be able to explain rules to others</p> <p>OO: Leadership -To be able to confidently referee a game applying my knowledge of the rules effectively To be able to give tactical instructions to affect a game situation</p> <p>LO: I can compete in competitive game and play to the rules.</p> <p>LO: Leadership –I can confidently referee a game applying my knowledge of the rules effectively</p>	<p><b>Attacking and Defending</b>  (To apply attacking and defending skills within modified games)  Compete</p>	

## Autumn Term

Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
  	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and</i> <i>analysis</i></p>	Lesson 5	<p>OO: To be able to communicate a plan to my team To be able to use a number of techniques to pass, dribble and shoot with control and accuracy To be able to apply basic principles suitable for attacking and defending To be able to communicate a plan to my team To be able to apply basic principles suitable for attacking and defending To be able to play competitive games to agreed rules To be able to explain rules to others</p> <p>OO: Evaluate- confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)</p> <p>OO: Leadership -To be able to confidently referee a game applying my knowledge of the rules effectively To be able to give tactical instructions to affect a game situation To be able to lead an effective warm up for a group</p> <p>LO: I can use different techniques to pass, dribble and shoot and apply the basic principles of attacking. I can communicate a plan to my team. I can apply the basic principles of defending. I can compete in competitive game and play to the rules.</p> <p>LO: Evaluate- I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)</p> <p>LO: Leadership –I can confidently referee a game applying my knowledge of the rules effectively I can give tactical instructions to affect a game situation</p>	<p>Attacking and Defending  (To apply attacking and defending skills within modified games)  Link- Attack, defend, compete</p>	
	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and</i> <i>analysis</i></p>	Lesson 6 Assessment week	<p>OO: To be able to communicate a plan to my team To be able to use a number of techniques to pass, dribble and shoot with control and accuracy To be able to apply basic principles suitable for attacking and defending To be able to communicate a plan to my team To be able to apply basic principles suitable for attacking and defending To be able to play competitive games to agreed rules To be able to explain rules to others</p>	<p>Attacking and Defending  (To apply attacking and defending skills within modified games)  Link- Attack, defend, compete</p>	

# Autumn Term

## Dance & movement and Gymnastics

Autumn 1 6CB & 6MC

Spring 1 6JK



<i>Prior Learning</i>	<p>To be able to compose my own dances in a creative ways</p> <p>To be able to perform to an accompaniment</p> <p>To be able to perform a dance which shows clarity, fluency, accuracy and consistency</p> <p>To be able to make complex extended sequences</p> <p>To combine action, balance and shape</p> <p>To perform consistently to different audiences</p>
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<i>End Points</i>	<p>Dance-To be able to choose my own music and style</p> <p>To be able to perform dances using simple movement patterns</p> <p>Gymnastics—To develop technical sequences in a specific style</p> <p>To be able to demonstrate flexibility, strength, control and balance in a sequence of movements</p> <p>Evaluate-I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)</p> <p>Leadership-To be able to confidently referee a game applying their knowledge of the rules effectively</p> <p>To be able to give tactical instructions to affect a game situation</p> <p>To be able to lead an effective warm up for a group</p>
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<i>Vocabulary</i>	<p>Dance and Movement — Evaluate, Performance, Sequence, Improvise, Sequence, Precision, Motifs, Spatial awareness, Control, Fluency, Flexibility</p> <p>Gymnastics— Strength, Pattern, Coordination, Improvise, Sequence, Precision, Motifs, Spatial awareness, Control, Fluency, Flexibility</p>
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Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
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	<p><b>Competence</b>  <b>Performance</b>  <b>Creativity,</b>  <b>Healthy,</b>  <b>active lifestyle</b>  <b>Evaluation and analysis</b></p>	<p>Lesson 1</p>	<p>OO: To be able to develop sequences in a specific style</p> <p>To be able to choose my own music and style</p> <p>To be able to perform dances using simple movement patterns Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)</p> <p>Leadership: To be able to lead an effective warm up for a group</p> <p>LO: I can develop sequences in a specific style</p> <p>I am able to choose my own music and style</p> <p>I can perform dances using simple movement patterns</p> <p>Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)</p> <p>Leadership: I can lead an effective warm up for a group</p>	<p><b>Combine and sequence movement patterns</b></p> <p>(To create a performance linked to a selected style)</p> <p>Style, Sequence, Perform</p>	
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# Autumn Term

## Dance & movement and Gymnastics

Autumn 1 6CB & 6MC

Spring 1 6JK



Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
  	<b>Competence Performance</b> <b>Creativity, Healthy, active lifestyle</b> <b>Evaluation and analysis</b>	Lesson 2 Dance	OO: To be able to develop sequences in a specific style To be able to choose my own music and style To be able to perform dances using simple movement patterns Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: To be able to lead an effective warm up for a group  LO: I can develop sequences in a specific style I am able to choose my own music and style I can perform dances using simple movement patterns Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: I can lead an effective warm up for a group	<b>Combine and sequence movement patterns</b>  (To create a performance linked to a selected style)  Link- Style, Sequence, Perform	
	<b>Competence Performance</b> <b>Creativity, Healthy, active lifestyle</b> <b>Evaluation and analysis</b>	Lesson 3 Dance	OO: To be able to develop sequences in a specific style To be able to choose my own music and style To be able to perform dances using simple movement patterns Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: To be able to lead an effective warm up for a group  LO: I can develop sequences in a specific style I am able to choose my own music and style I can perform dances using simple movement patterns Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)	<b>Combine and sequence movement patterns</b>  (To create a performance linked to a selected style)  Perform- Style, Sequence, Perform	




# Autumn Term



## Dance & movement and Gymnastics

Autumn 1 6CB & 6MC

Spring 1 6JK

Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
    	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and analysis</i></p>	<p>Lesson 4 Gymnastics</p>	<p>OO: To develop technical sequences in a specific style To be able to demonstrate flexibility, strength, control and balance in a sequence of movements Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: To be able to lead an effective warm up for a group</p> <p>LO: I can develop technical sequences in a specific style I am able to demonstrate flexibility, strength, control and balance in a sequence of movements Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: To be able to lead an effective warm up for a group</p>	<p><b>Combine and sequence movement patterns</b>  (Use a variety of fundamental movements within a sequence linked to a specific style)  Style, Competence, Sequence</p>	<p>Mats Benches Agility Tables Hoops Activity Cards</p>
		<p>Lesson 5 Gymnastics</p>	<p>OO: To develop technical sequences in a specific style To be able to demonstrate flexibility, strength, control and balance in a sequence of movements Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: To be able to lead an effective warm up for a group</p> <p>LO: I can develop technical sequences in a specific style I am able to demonstrate flexibility, strength, control and balance in a sequence of movements Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: To be able to lead an effective warm up for a group</p>	<p><b>Combine and sequence movement patterns</b>  (Use a variety of fundamental movements within a sequence linked to a specific style)  Link- Style, Competence, Sequence</p>	<p>Mats Benches Agility Tables Hoops Activity Cards</p>




## Autumn Term



### Dance & movement and Gymnastics

Autumn 1 6CB & 6MC

Spring 1 6JK

Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
 <p style="text-align: center;"><b>Gymnastics</b></p>  <p style="text-align: center;"><b>Evaluate</b></p>  <p style="text-align: center;"><b>Leadership</b></p>	<p><b>Competence</b> <b>Performance</b> <b>Creativity,</b> <b>Healthy,</b> <b>active lifestyle</b> <b>Evaluation and analysis</b></p>	<p>Lesson 6 Final Assessment Week</p>	<p>OO: To develop technical sequences in a specific style To be able to demonstrate flexibility, strength, control and balance in a sequence of movements Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: To be able to lead an effective warm up for a group</p> <p>LO: I can develop technical sequences in a specific style I am able to demonstrate flexibility, strength, control and balance in a sequence of movements Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: To be able to lead an effective warm up for a group</p>	<p><b>Combine and sequence movement patterns</b></p> <p>(Use a variety of fundamental movements within a sequence linked to a specific style)</p> <p>Perform- Style, Competence, Sequence</p>	<p>Mats Benches Agility Tables Hoops Activity Cards</p>

## Spring Term

### Net and Wall

Spring 1– 6CB & 6MC

Autumn 2—6JK



*Prior Learning*

To be able to play a variety of shots  
 To develop greater accuracy of strokes  
 To develop a backhand technique and use it in a game

To demonstrate and use the correct grip on a racket  
 To develop techniques for ground strokes and volleys  
 To be able to serve overarm

*End Points*

To know where a shot should be aimed and show increasing accuracy  
 To use good hand/eye co-ordination when playing and serving  
 To use different shots in a game situation to outwit an opponent  
 To be able to confidently referee a game applying their knowledge of the rules effectively  
 To be able to give tactical instructions to affect a game situation  
 To be able to lead an effective warm up for a group  
 I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)

*Vocabulary*

Agility, Coordination, Position, Performance, Reflection, Approach, volley, back-hand, serve

**Key Concept**

**Second  
Order  
Concepts**

**Lesson  
Sequence**

**Learning Objectives**

**Domain  
Knowledge**

**Resources**

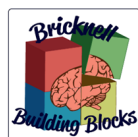
**Team  
Games**

**Evaluate**

**Leadership**

*Competence  
Performance  
Creativity,  
Healthy,  
active lifestyle  
Evaluation and  
analysis*

Lesson 1  
Prior Learning



OO: To be able to serve overarm  
 To develop techniques for groundstrokes and volleys  
 To develop a backhand technique and use it in a game  
 Evaluate: To be able to confidently evaluate my own and other's performances, discussing improvements (verbally and written)  
 Leadership: To be able to lead an effective warm up for a group  
 To be able to give tactical instructions to affect a game situation

LO: To be able to serve overarm  
 I have developed techniques for groundstrokes  
 I have developed a backhand technique and use it in a game  
 Evaluate: I can confidently evaluate my own and other's performances, discussing improvements (verbally and written)  
 Leadership: I can lead an effective warm up for a group  
 I can give tactical instructions to affect a game situation

**Agility, Balance and  
coordination**  
  
 (To apply suitable striking  
techniques to outwit an  
opponent)  
  
 Stroke, Volley, Serve

Tennis rackets  
 Tennis balls  
 Cones  
 Nets




## Spring Term



### Net and Wall

Spring 1– 6CB & 6MC

Autumn 2—6JK

Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
    	<p><b>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</b></p>	<p>Lesson 2</p>	<p>OO: To use good hand-eye coordination when playing and serving                      Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)                      Leadership: To be able to give tactical instructions to affect a game situation                      To be able to lead an effective warm up for a group                      To be able to confidently referee a game applying their knowledge of the rules effectively</p> <p>LO: I can use good hand-eye coordination when playing and serving                      Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)                      Leadership: I can give tactical instructions to affect a game situation                      I can lead an effective warm up for a group</p>	<p><b>Agility, Balance and coordination</b></p> <p>(To apply suitable striking techniques to outwit an opponent)</p> <p>Coordinate</p>	<p>Tennis rackets                      Tennis balls                      Cones/nets</p>
	<p><b>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</b></p>	<p>Lesson 3</p>	<p>OO: To know where a shot should be aimed and show increasing accuracy                      Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)                      Leadership: To be able to give tactical instructions to affect a game situation                      To be able to lead an effective warm up for a group                      To be able to confidently referee a game applying their knowledge of the rules effectively</p> <p>LO: I know where a shot should be aimed and show increasing accuracy                      Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)                      Leadership: I can give tactical instructions to affect a game situation                      I can lead an effective warm up for a group</p>	<p><b>Agility, Balance and coordination</b></p> <p>(To apply suitable striking techniques to outwit an opponent)</p> <p>Accurate</p>	<p>Tennis rackets                      Tennis balls                      Cones/nets</p>

## Spring Term

### Net and Wall



Spring 1– 6CB & 6MC

Autumn 2—6JK

Key Concept	Second Order	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
    	<p><b>Competence</b> <b>Performance</b> <b>Creativity,</b> <b>Healthy,</b> <b>active lifestyle</b> <b>Evaluation and</b> <b>analysis</b></p>	Lesson 4	<p>OO: To use different shots in a game to outwit an opponent                      Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)                      Leadership: To be able to give tactical instructions to affect a game situation                      To be able to lead an effective warm up for a group                      To be able to confidently referee a game applying their knowledge of the rules effectively</p> <p>LO: I can use different shots in a game to outwit an opponent                      Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)                      Leadership: I can give tactical instructions to affect a game situation                      I can lead an effective warm up for a group</p>	<p><b>Agility, Balance and coordination</b></p> <p>(To apply suitable striking techniques to outwit an opponent)</p> <p>Outwit</p>	<p>Tennis rackets</p> <p>Tennis balls</p> <p>Cones/nets</p>
	<p><b>Competence</b> <b>Performance</b> <b>Creativity,</b> <b>Healthy,</b> <b>active lifestyle</b> <b>Evaluation and</b> <b>analysis</b></p>	Lesson 5	<p>OO: To use different shots in a game to outwit an opponent                      To use good hand-eye coordination when playing and serving                      To know where a shot should be aimed and show increasing accuracy                      Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)                      Leadership: To be able to give tactical instructions to affect a game situation                      To be able to lead an effective warm up for a group                      To be able to confidently referee a game applying their knowledge of the rules effectively</p> <p>OO: I can use different shots in a game to outwit an opponent                      I can use good hand-eye coordination when playing and serving                      I can identify where a shot should be aimed and show increasing accuracy                      Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)                      Leadership: I can give tactical instructions to affect a game situation                      I can lead an effective warm up for a group                      I can referee a game applying my knowledge of the rules effectively</p>	<p><b>Agility, Balance and coordination</b></p> <p>(To apply suitable striking techniques to outwit an opponent)</p> <p>Link– Coordinate, accurate, Outwit</p>	<p>Tennis rackets</p> <p>Tennis balls</p> <p>Cones/nets</p>




## Spring Term



### Net and Wall

Spring 1– 6CB & 6MC

Autumn 2—6JK

Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
  	<p><b>Competence</b> <b>Performance</b> <b>Creativity,</b> <b>Healthy,</b> <b>active lifestyle</b> <b>Evaluation and</b> <b>analysis</b></p>	<p>Lesson 6 Final Assessment Week</p>	<p>OO: To use different shots in a game to outwit an opponent To use good hand-eye coordination when playing and serving To know where a shot should be aimed and show increasing accuracy Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: To be able to give tactical instructions to affect a game situation To be able to lead an effective warm up for a group To be able to confidently referee a game applying their knowledge of the rules effectively</p> <p>OO: I can use different shots in a game to outwit an opponent I can use good hand-eye coordination when playing and serving I can identify where a shot should be aimed and show increasing accuracy Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: I can give tactical instructions to affect a game situation I can lead an effective warm up for a group I can referee a game applying my knowledge of the rules effectively</p>	<p><b>Agility, Balance and coordination</b></p> <p>(To apply suitable striking techniques to outwit an opponent)</p> <p>Link– Coordinate, accurate, Outwit</p>	<p>Tennis rackets Tennis balls Cones/nets</p>

# Spring Term



## Outdoor & Adventure

### Spring 2—All classes



<i>Prior Learning</i>	<p>To be able to work in a team and individually to use a map and solve problems with greater confidence and can identify risks whilst advising others</p> <p>To be able to follow a route within a time limit</p> <p>To confidently orientate myself and others to solve problems in unfamiliar environments</p> <p>To be able to follow a map into an unknown location</p> <p>To be able to use clues and a compass to navigate a route</p>
<i>End Points</i>	<p>To be able to plan route and a series of clues for someone else</p> <p>To be able to take part in outdoor and adventurous activity challenges both individually and in a team</p> <p>To be able to give tactical instructions to affect a game situation</p> <p>To be able to lead an effective warm up for a group</p> <p>I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)</p>
<i>Vocabulary</i>	Environment, Challenge, Evaluate, Conditions, Adapt, Orientate

Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
	<p><b>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</b></p>	<p>Lesson 1</p> <p>Revisit Prior Learning</p>	<p>OO: OO: To be able to use clues and a compass to navigate a route</p> <p>To be able to follow a map into an unknown location</p> <p>To confidently orientate myself and others to solve problems in unfamiliar environments</p> <p>Evaluate: To be able to confidently evaluate my own and other's performances, discussing improvements (verbally and written)</p> <p>Leadership: To be able to give tactical instructions to affect a game situation</p> <p>To be able to lead an effective warm up for a group</p> <p>LO: I can use a compass and clues to follow a route</p> <p>I can confidently orientate myself and others to solve problems in unfamiliar environments</p> <p>I can follow a map to an unknown location</p> <p>Evaluate: I can confidently evaluate my own and other's performances, discussing improvements (verbally and written)</p> <p>Leadership: I can give tactical instructions to affect a game situation</p> <p>I can lead an effective warm up for a group</p>	<p><b>Compete and Cooperate</b></p> <p>(Orientate myself and others using a map to navigate to different locations )</p> <p>Orientate, Locate, Navigate</p>	<p>Map</p> <p>Clip boards</p> <p>Markers</p> <p>Cones</p> <p>Compass</p> <p>Stop Watches</p>






## Spring Term



### Outdoor & Adventure

#### Spring 2—All classes




Key Concept	Second Order	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
    	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and</i> <i>analysis</i></p>	Lesson 2	<p>OO: To be able to plan a route and a series of clues for someone else                      Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)                      Leadership: To be able to give tactical instructions to affect a game situation                      To be able to lead an effective warm up for a group</p> <p>LO: I can plan a route and a series of clues for someone else                      Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)                      Leadership: I can give tactical instructions to affect a game situation                      I can lead an effective warm up for a group</p>	<p><b>Compete and Cooperate</b>                       (To plan and participate in orienteering and outdoor &amp; adventurous activities)                       Plan</p>	<p>Whiteboards/Pens                       Laminated maps</p>
	<p><i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and</i> <i>analysis</i></p>	Lesson 3	<p>OO: To be able to take part in outdoor and adventurous activity challenges both individually and in a team                      Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)                      Leadership: To be able to give tactical instructions to affect a game situation                      To be able to lead an effective warm up for a group</p> <p>LO: I can take part in orienteering challenges independently and as a team.                      Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)                      Leadership: I can give tactical instructions to affect a game situation                      I can lead an effective warm up for a group</p>	<p><b>Compete and Cooperate</b>                       (To plan and participate in orienteering and outdoor &amp; adventurous activities)                       Participate</p>	<p>Map                       Clip boards                       Markers                       Cones                       Compass                       Stop Watches</p>

# Spring Term



## Outdoor & Adventure

### Spring 2—All classes




Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
    	<p><b>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</b></p>	Lesson 4	<p>OO: To be able to take part in outdoor and adventurous activity challenges both individually and in a team                      Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)                      Leadership: To be able to give tactical instructions to affect a game situation                      To be able to lead an effective warm up for a group</p> <p>LO: I can perform independently and as a team in orienteering challenges.                      Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)                      Leadership: I can give tactical instructions to affect a game situation                      I can lead an effective warm up for a group</p>	<p><b>Compete and Cooperate</b>                       (To plan and participate in orienteering and outdoor &amp; adventurous activities)                       Perform</p>	<p>Map                      Clip boards                      Markers                      Cones                      Compass                      Stop Watches</p>
	<p><b>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</b></p>	Lesson 5	<p>OO: To be able to take part in outdoor and adventurous activity challenges both individually and in a team                      To be able to plan a route and a series of clues for someone else                      Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)                      Leadership: To be able to give tactical instructions to affect a game situation                      To be able to lead an effective warm up for a group</p> <p>LO: I can perform independently and as a team in orienteering challenges.                      I can plan a route and a series of clues for someone                      Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)                      Leadership: I can give tactical instructions to affect a game situation                      I can lead an effective warm up for a group</p>	<p><b>Compete and Cooperate</b>                       (To plan and participate in orienteering and outdoor &amp; adventurous activities)                       Link– Plan, Participate, Perform</p>	<p>Map                      Clip boards                      Markers                      Cones                      Compass                      Stop Watches</p>

## Spring Term

### Outdoor & Adventure

Spring 2—All classes



Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
  	<p><b>Competence</b> <b>Performance</b> <b>Creativity,</b> <b>Healthy,</b> <b>active lifestyle</b> <b>Evaluation and</b> <b>analysis</b></p>	<p>Lesson 6 Final Assessment Week</p>	<p>OO: To be able to take part in outdoor and adventurous activity challenges both individually and in a team To be able to plan a route and a series of clues for someone else Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: To be able to give tactical instructions to affect a game situation To be able to lead an effective warm up for a group</p> <p>LO: I can perform independently and as a team in orienteering challenges. I can plan a route and a series of clues for someone Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: I can give tactical instructions to affect a game situation I can lead an effective warm up for a group</p>	<p><b>Compete and Cooperate</b>  (To plan and participate in orienteering and outdoor &amp; adventurous activities)  Plan, Participate, Perform</p>	<p>Map Clip boards Markers Cones Compass Stop Watches</p>

# Summer Term







## Striking & Fielding

Summer 1– All classes



<i>Prior Learning</i>	<p>To be able to use a range of techniques when fielding</p> <p>To be able to hit, throw, bowl and catch accurately and with control</p> <p>To be able to confidently evaluate my own and other's performances, discussing improvements (verbally and written)</p> <p>To be able to confidently referee a game applying my knowledge of the rules effectively</p> <p>To be able to give tactical instructions to affect a game situation</p> <p>To be able to lead an effective warm up for a group</p>
<i>End Points</i>	<p>To be able to play competitive games to agreed rules</p> <p>To be able to explain rules to others</p> <p>To be able to communicate a plan to my team</p> <p>To be able to use a range of techniques with confidence and skill in a game situation</p> <p>To be able to confidently referee a game applying their knowledge of the rules effectively</p> <p>To be able to give tactical instructions to affect a game situation</p> <p>To be able to lead an effective warm up for a group</p> <p>I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)</p>
<i>Vocabulary</i>	Games, Discuss, Plan, Teamwork, Technique, Objectives, Fielding, Positioning, Team, Strategy, Evaluate, Application




Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
  	<p><b>Competence Performance Creativity, Healthy, active lifestyles Evaluation and analysis</b></p>	<p>Lesson 1</p> <p>Revisit Prior learning</p> 	<p>OO: To be able to hit, throw, bowl and catch accurately and with control</p> <p>To be able to use a range of techniques when fielding</p> <p>Evaluate: To be able to confidently evaluate my own and other's performances, discussing improvements (verbally and written)</p> <p>Leadership: To be able to confidently referee a game applying my knowledge of the rules effectively</p> <p>To be able to give tactical instructions to affect a game situation</p> <p>To be able to lead an effective warm up for a group</p> <p>LO: I can hit, throw, bowl and catch accurately and with control</p> <p>I can use different techniques when fielding.</p> <p>Evaluate: I can confidently evaluate my own and other's performances, discussing improvements (verbally and written)</p> <p>Leadership: I can confidently referee a game applying my knowledge of the rules effectively</p> <p>I can give tactical instructions to affect a game situation</p> <p>I can lead an effective warm up for a group</p>	<p><b>Striking and Fielding</b></p> <p>(Use sending and fielding techniques with accuracy to achieve an objective)</p> <p>Send, Field, Refine.</p>	<p>Cones</p> <p>Bats/rackets</p> <p>Balls</p> <p>Rounders bases</p>

## Summer Term



### Striking & Fielding

Summer 1– All classes




Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
    	<p><b>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</b></p>	<p>Lesson 2</p>	<p>OO: To be able to play competitive games to agreed rules To be able to explain rules to others Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: To be able to confidently referee a game applying their knowledge of the rules effectively To be able to give tactical instructions to affect a game situation To be able to lead an effective warm up for a group</p> <p>LO: I can play a competitive game to agreed rules I can explain rules to others Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: I can confidently referee a game applying their knowledge of the rules effectively I can give tactical instructions to affect a game situation</p>	<p style="text-align: center;"><b>Striking and Fielding</b></p> <p>(To understand and apply rules within a modified game. Communicate a plan to my team and use a variety of techniques to execute this)</p> <p style="text-align: center;">Compete</p>	<p>Cones Bats/racket Balls Rounders bases/Cricket equipment</p>
	<p><b>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</b></p>	<p>Lesson 3</p>	<p>OO: To be able to communicate a plan to my team Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: To be able to confidently referee a game applying their knowledge of the rules effectively To be able to give tactical instructions to affect a game situation To be able to lead an effective warm up for a group</p> <p>LO: I can discuss a game plan to my team Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: I can confidently referee a game applying their knowledge of the rules effectively I can give tactical instructions to affect a game situation I can lead an effective warm up for a group</p>	<p style="text-align: center;"><b>Striking and Fielding</b></p> <p>(To understand and apply rules within a modified game. Communicate a plan to my team and use a variety of techniques to execute this)</p> <p style="text-align: center;">Communicate</p>	<p>Cones Bats/racket Balls Rounders bases/Cricket equipment Whiteboards/ pens</p>

## Summer Term



### Striking & Fielding

Summer 1– All classes




Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
    	<p><b>Competence</b> <b>Performance</b> <b>Creativity,</b> <b>Healthy,</b> <b>active lifestyle</b> <b>Evaluation and</b> <b>analysis</b></p>	<p>Lesson 4</p>	<p>OO: To be able to use a range of techniques with confidence and skill in a game situation</p> <p>Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)</p> <p>Leadership: To be able to confidently referee a game applying their knowledge of the rules effectively</p> <p>To be able to give tactical instructions to affect a game situation</p> <p>To be able to lead an effective warm up for a group</p> <p>LO: I can use different techniques with confidence and skill in a game situation.</p> <p>Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)</p> <p>Leadership: I can confidently referee a game applying their knowledge of the rules effectively</p> <p>I can give tactical instructions to affect a game situation</p> <p>I can lead an effective warm up for a group</p>	<p style="text-align: center;"><b>Striking and Fielding</b></p> <p>(To understand and apply rules within a modified game. Communicate a plan to my team and use a variety of techniques to execute this)</p> <p style="text-align: center;">Confidence</p>	<p>Cones</p> <p>Bats/racket</p> <p>Balls</p> <p>Rounders bases/Cricket equipment</p>

## Summer Term



### Striking & Fielding




Summer 1– All classes

Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
    	<p><i>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</i></p>	<p>Lesson 5</p>	<p>OO: To be able to use a range of techniques with confidence and skill in a game situation            To be able to play competitive games to agreed rules            To be able to explain rules to others            To be able to communicate my plan to a team.            Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)            Leadership: To be able to confidently referee a game applying their knowledge of the rules effectively            To be able to give tactical instructions to affect a game situation            To be able to lead an effective warm up for a group</p> <p>LO: I can use different techniques with confidence and skill in a game situation.            I can play a competitive game to agreed rules            I can explain rules to others            I can discuss a game plan to my team            Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)            Leadership: I can confidently referee a game applying their knowledge of the rules effectively            I can give tactical instructions to affect a game situation            I can lead an effective warm up for a group</p>	<p><b>Striking and Fielding</b></p> <p>(To understand and apply rules within a modified game. Communicate a plan to my team and use a variety of techniques to execute this)</p> <p>Link-Compete, Communicate, Confidence</p>	<p>Cones            Bats/racket            Balls            Rounders bases/Cricket equipment            Whiteboards/Pens</p>

## Summer Term

### Striking & Fielding

Summer 1– All classes

Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
  	<p><i>Competence</i></p> <p><i>Performance</i></p> <p><i>Creativity,</i></p> <p><i>Healthy,</i></p> <p><i>active lifestyle</i></p> <p><i>Evaluation and analysis</i></p>	<p>Lesson 6</p> <p>Final Assessment Week</p>	<p>OO: To be able to use a range of techniques with confidence and skill in a game situation</p> <p>To be able to play competitive games to agreed rules</p> <p>To be able to explain rules to others</p> <p>To be able to communicate my plan to a team.</p> <p>Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)</p> <p>Leadership: To be able to confidently referee a game applying their knowledge of the rules effectively</p> <p>To be able to give tactical instructions to affect a game situation</p> <p>To be able to lead an effective warm up for a group</p> <p>LO: I can use different techniques with confidence and skill in a game situation.</p> <p>I can play a competitive game to agreed rules</p> <p>I can explain rules to others</p> <p>I can discuss a game plan to my team</p> <p>Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)</p> <p>Leadership: I can confidently referee a game applying their knowledge of the rules effectively</p> <p>I can give tactical instructions to affect a game situation</p> <p>I can lead an effective warm up for a group</p>	<p><b>Striking and Fielding</b></p> <p>(To understand and apply rules within a modified game. Communicate a plan to my team and use a variety of techniques to execute this)</p> <p>Compete, Communicate, Confidence</p>	<p>Cones</p> <p>Bats/racket</p> <p>Balls</p> <p>Rounders bases/Cricket equipment</p> <p>Whiteboards/Pens</p>





## Summer Term



### Swimming

Summer 1– All classes

<i>Prior Learning</i>					
<i>End Points</i>	To be able to use a range of strokes effectively To perform safe self-rescue in different water based situations To swim competently, confidently and proficiently over a distance of at least 25m				
<i>Vocabulary</i>	Front crawl,                  Back stroke,                  Breast stroke,				
Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain Knowledge	Resources
 	<i>Competence</i> <i>Performance</i> <i>Creativity,</i> <i>Healthy,</i> <i>active lifestyle</i> <i>Evaluation and analysis</i>		OO: To be able to use a range of strokes effectively To perform safe self-rescue in different water based situations To swim competently, confidently and proficiently over a distance of at least 25m	<b>Confidence and proficiency</b> (Confidence and proficiency in swimming)	Towels Swim wear Goggles

## Summer Term

### Athletics

Summer 2– All classes



<i>Prior Learning</i>	To be able to run over a long distance and sprint a short distance To be able to jump in different ways	To be able to throw in different ways and hit a target
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<i>End Points</i>	<p>To be able to combine a range of running, jumping, throwing and catching techniques with control.</p> <p>To be able to give tactical instructions to affect a game situation</p> <p>To be able to lead an effective warm up for a group</p> <p>To be able to confidently referee a game applying their knowledge of the rules effectively</p> <p>I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)</p>
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<i>Vocabulary</i>	Performance, Reflection, Approach, Combinations, Similarities, Technique, Approach, travel, Combine
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Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain knowledge	Resources
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 <b>Athletics</b>	<b>Competence</b> <b>Performance</b> <b>Creativity,</b> <b>Healthy,</b> <b>active lifestyle</b> <b>Evaluation and</b> <b>analysis</b>	Lesson 1 Revisit prior learning 	OO: To be able to control my body when taking off and landing To be able to throw with accuracy Evaluate: To be able to confidently evaluate my own and other's performances, discussing improvements (verbally and written) Leadership: To be able to lead an effective warm up for a group .  LO: I can control my body when taking off two footed, standing take-off and one footed, running take-off. I can control my body when landing. I can land safely and with control. I can throw with accuracy and control. I am consistently successful with hitting a target. Evaluate: I can confidently evaluate my own and other's performances, discussing improvements (verbally and written) Leadership: I can lead an effective warm up for a group .	<b>Fundamental Movements &amp; Personal Best</b>  (To jump, land and throw accurately)  Take off, Land, Throw	Cones Mats Hurdles Objects to throw Targets Measuring tape Cones
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## Summer Term

### Athletics

Summer 2– All classes



Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain knowledge	Resources	
 <b>Athletics</b>	<b>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</b>	Lesson 2	OO: To be able to combine a range of running, jumping, throwing and catching techniques with control. Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: To be able to lead an effective warm up for a group  LO: I can travel fluently in different ways and different speeds when running and jumping Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: I can lead an effective warm up for a group.	<b>Fundamental Movements &amp; Personal Best</b>  (To combine running, jumping, throwing and catching techniques)  Travel	Cones  Mats  Measuring tape	
	 <b>Evaluate</b>	<b>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</b>	Lesson 3	OO: To be able to combine a range of running, jumping, throwing and catching techniques with control. Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: To be able to lead an effective warm up for a group  LO: I can throw successfully and accurately depending on the object been used. Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: I can lead an effective warm up for a group.	<b>Fundamental Movements &amp; Personal Best</b>  (To combine running, jumping, throwing and catching techniques)  Throw	Cones  Measuring tape  Foam Javelins  Shot putt  Discus
	 <b>Leadership</b>	<b>Competence Performance Creativity, Healthy, active lifestyle Evaluation and analysis</b>	Lesson 4	OO: To be able to combine a range of running, jumping, throwing and catching techniques with control. Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: To be able to lead an effective warm up for a group  LO: I can combine appropriate travel movement with jumping, throwing and catching. Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)	<b>Fundamental Movements &amp; Personal Best</b>  (To combine running, jumping, throwing and catching techniques)  Combine	Cones  Measuring tape  Foam Javelins  Shot putt  Discus

## Summer Term



### Athletics

Summer 2– All classes

Key Concept	Second Order Concepts	Lesson Sequence	Learning Objectives	Domain knowledge	Resources
 <b>Athletics</b>   <b>Evaluate</b>   <b>Leadership</b>	<p><b>Competence</b> <i>Performance</i> <b>Creativity,</b> <i>Healthy,</i> <b>active lifestyle</b> <i>Evaluation and analysis</i></p>	<p>Lesson 5</p>	<p>OO: To be able to combine a range of running, jumping, throwing and catching techniques with control. Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: To be able to lead an effective warm up for a group</p> <p>LO: I can combine appropriate travel movement with jumping, throwing and catching. I can travel fluently in different ways and different speeds when running and jumping I can throw successfully and accurately depending on the object been used. Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: I can lead an effective warm up for a group.</p>	<p><b>Fundamental Movements &amp; Personal Best</b>  (To combine running, jumping, throwing and catching techniques)  Link-Travel, Throw, Combine</p>	<p>Cones Mats Measuring tape Foam Javelins Shot putt Discus</p>
	<p><b>Competence</b> <i>Performance</i> <b>Creativity,</b> <i>Healthy,</i> <b>active lifestyle</b> <i>Evaluation and analysis</i></p>	<p>Lesson 6 Final Assessment Week.</p>	<p>OO: To be able to combine a range of running, jumping, throwing and catching techniques with control. Evaluate: I confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best) Leadership: To be able to lead an effective warm up for a group</p> <p>LO: I can combine appropriate travel movement with jumping, throwing and catching. I can travel fluently in different ways and different speeds when running and jumping I can throw successfully and accurately depending on the object been used. Evaluate: I can confidently evaluate my own and other's performances discussing improvements to deliver a better performance (personal best)</p>	<p><b>Fundamental Movements &amp; Personal Best</b>  (To combine running, jumping, throwing and catching techniques)  Travel, Throw, Combine</p>	<p>Cones Mats Measuring tape Foam Javelins Shot putt Discus</p>