

Bricknell Primary School



PSHE Policy



PSHE Policy

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Curriculum Intent

PSHE/SMSC is the heart of the school's ethos and is fundamental to developing young people with positive attitudes and well-rounded members of society. By teaching PSHE/SMSC, we intend to impart pupils with the knowledge, understanding, confidence, attitudes, values and skills they need in order to reach their potential as individuals and within the community as well as knowing how to keep themselves safe.

At Bricknell Primary School, the teaching of PSHE/SMSC curriculum has been carefully considered to enable our pupils to become healthy, happy and positive global citizens. At Bricknell, we follow the Jigsaw PSHE programme and are proud to be a flagship School. Our highly skilled subject leader has carefully worked to create a Curriculum Overview Document, where objectives for each year group are progressively mapped out to ensure our pupils are given the acquired skills and knowledge the further their education journey into KS3 and life beyond the classroom. The PSHE curriculum at Bricknell Primary School is fully compliant with the 2020 Statutory Guidance.

Our aim is to provide inclusive and aspirational environments and learning experiences where pupils thrive and build the cultural capital they need to make aspirational choices about their own futures, overcoming any barriers. In order to achieve this, our curriculum is underpinned by the principles highlighted in our Aspiration Curriculum.



Within the PSHE Curriculum Overview Document, our progressive objectives identify what pupils should know by the end of each year group and link to prior learning. These enable teachers to identify and plug gaps in pupil's knowledge and skills.

Within each subject, pupils will develop a deep understanding of key concepts and second order concepts. These key concepts have been carefully considered and identified as the core knowledge, skills, behaviours and attitudes required to successfully achieve in all areas of life. The Key concepts

are revisited and developed as the pupils move through the school to ensure the knowledge, skills, behaviours and attitudes are firmly embed within the long term memory. These key concepts compliment work carried out across the school in line with Aspiration Curriculum. The expectation is that, by the end of Primary School, children will know and understand these key concepts and have the ability to be socially and emotionally equipped to enter KS3.

Key concepts: A range of these ideas are explored through each PSHE unit and provide lenses through which to consider different aspects of this area of the pupil’s personal development.

- **Being me in your world** (Who am I? Understanding your own identity and how I fit well in the class, school and global community)
- **Celebrating differences** (Understanding diversity, respect, anti-bullying including cyber and homophobic bullying)
- **Dreams and goals** (achievement, goal-setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society)
- **Healthy me** (body and mind, drugs and alcohol education, self-esteem, confidence, healthy lifestyles, sleep, nutrition, rest and exercise)
- **Relationships** (Friends, family and other relationships, conflict resolution and communication skills, bereavement and loss)
- **Changing me** (Change, transition, relationships and Sex Education)

In addition to first order concepts, the subject leader has identified subject specific second order concepts. These can be used across all aspects of a subject to organise the substantive knowledge, skills, behaviours and attitudes taught.

Second order concepts:

Second order concepts are fundamental knowledge and skills which are transferable across a range of curriculum subjects. For example, we introduce pupils to the concept of ‘similarity and difference’ early in their education, developing the observational skills and language needed to make comparisons. This is developed and applied as pupils move through the school so they can confidently apply this in all areas of the curriculum by upper Key Stage Two.

A summary of the second order concepts and how they apply to PSHE are provided in the table below.

Curriculum subject	Significance	Similarity and difference	Cause and consequence	Continuity and change	Responsibility	Communication (Oracy & Written)	Enquiry
PSHE	Significant people, dates and events	Making comparisons between themselves and their peers, people from other ethnic backgrounds and understanding diversity.	The impact of behaviours, actions and language on others	How attitudes and beliefs have changed over time	Personal responsibility, responsibility to others, being healthy, sex and relationship education, resilience, British values, protected characteristics	Emotional literacy, discussion, listening, empathy and understanding,	

In addition to the Key Concepts and Second Order Concepts, we also promote **SMSC, British Values** and **Protected Characteristics**. These are key strands that are embedded across the whole PSHE

curriculum and are revisited in most lessons. Therefore, the following concepts are explored through the PSHE curriculum:

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|--|---|--|
| <input type="checkbox"/> Social development | <input type="checkbox"/> Rule of Law | <input type="checkbox"/> Being married / Civil partnership |
| <input type="checkbox"/> Moral development | <input type="checkbox"/> Individual liberty | <input type="checkbox"/> Being pregnant/ maternity leave |
| <input type="checkbox"/> Spiritual development | <input type="checkbox"/> Mutual respect | <input type="checkbox"/> Disability |
| <input type="checkbox"/> Cultural development | <input type="checkbox"/> Tolerance of those of different faiths and beliefs | <input type="checkbox"/> Sex and sexual orientation |
| <input type="checkbox"/> Emotional development | <input type="checkbox"/> age | <input type="checkbox"/> Religion |
| <input type="checkbox"/> Democracy | <input type="checkbox"/> Gender reassignment | |

By the end of EYFS children will:

Begin to develop and form positive relationships with adults and other children. This can be seen as they begin to show sensitivity towards others' needs and feelings while playing cooperatively and understanding turn-taking. In addition, the children will be developing their self-confidence and self-awareness by demonstrating that they can take risks in trying new activities. These children will be able to articulate when and how they need help, even in groups. Furthermore, when managing feelings and behaviour, they are able to show and talk about their own emotions as well as those of others. They will also understand how to differentiate between positive and negative behaviour and understand that unacceptable behaviour could have consequences.

By the end of Key Stage 1 children will:

Develop their awareness of themselves and others in contexts which are familiar to them - such as their home and school. They will also be able understand how their behaviour impacts others around them and how to keep themselves safe and happy. The children will be able to identify what makes us all individual and unique and celebrate diversity within Bricknell Primary School. Closely related, children will be able to articulate their understanding of bullying and recognise the negative impact it has. When considering their aspirations and goals, children can express how they feel when they succeed and can begin to work collaboratively in groups to achieve a common goal. Children will be able to understand how their body has changed from being a baby and can use the correct terms to describe parts of their body that are private. As well as this, children will know how to take care of their bodies and mental health by leading a healthy lifestyle.

By the end of Key Stage 2 children will:

Be able to apply their understanding of themselves and others into the wider context of their communities and the world. Children will leave primary school with the skills needed to be a wellrounded member of society with a concrete understanding of their emotions and how to

manage them effectively. By building on their knowledge from Key Stage 1, children will have further explored the diverse world we live in and will have built an understanding of the negative impact discriminatory behaviour can have whilst showing empathy with victims of this crime. In addition to this, children will understand how their body changes through puberty and into adulthood. Children will unravel the complex and confusing emotional changes that they experience during this stage of their lives. Furthermore, children will have an understanding of the detrimental impact that negative relationships with food, substances and media can have on their bodies and mental health. In order to be able to progress into Key Stage 3, children will set themselves aspirational targets and understand how their dreams and goals could be different to those of another child, from a different culture. They will be resilient children who have the correct tools to deal with and overcome challenges and set-backs. Children will be able to take their aspirations and apply them to the wider world allowing them to become a role model and a positive global citizen.

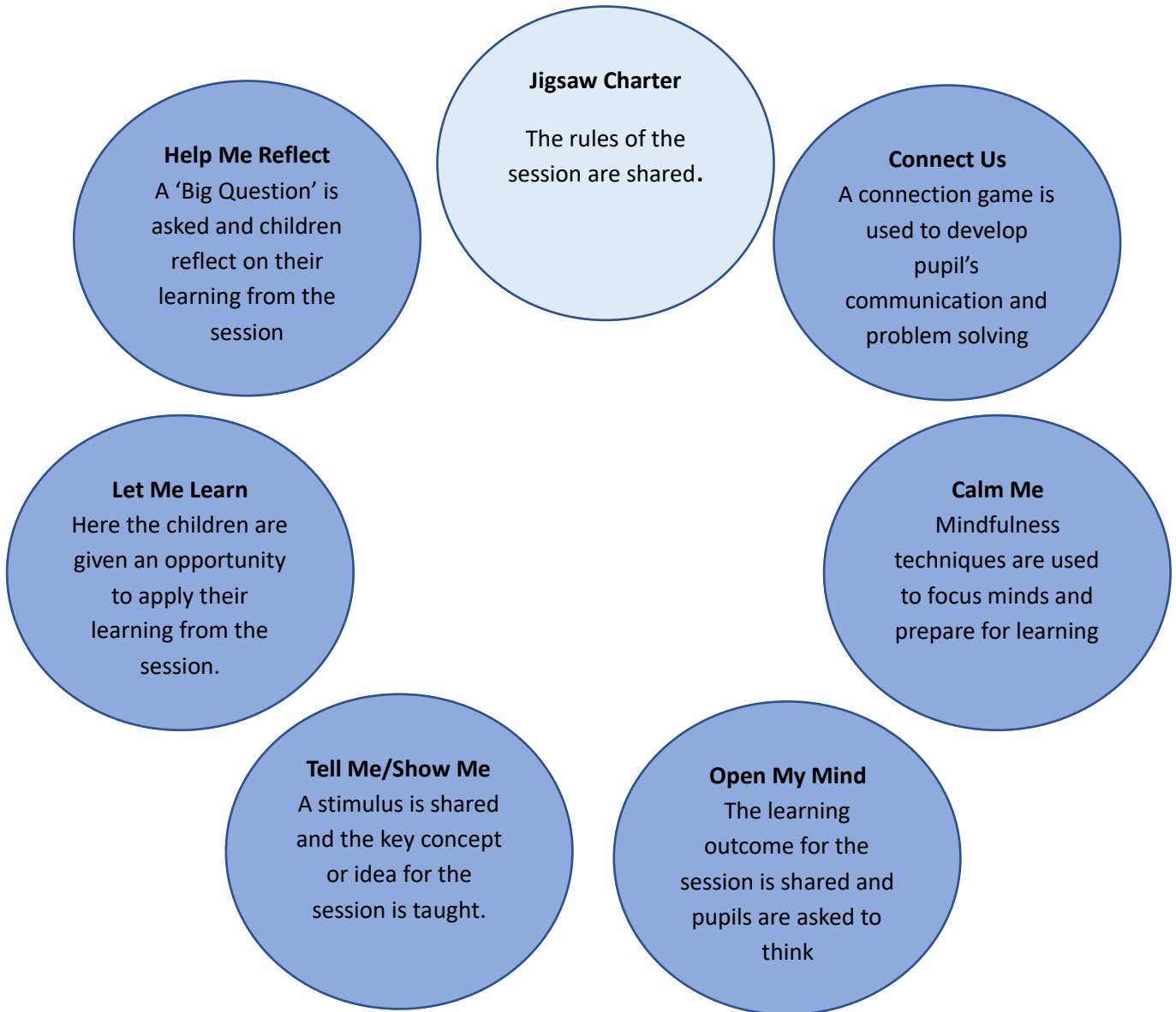
Any child working below their age-related expectation, will receive a tailored curriculum with personalised objectives taken from the Curriculum Assessment Toolkit. This will enable all children to build the skills and knowledge needed to bridge the gap between themselves and their peers enabling them to reach their full potential.

Implementation

At Bricknell Primary School, our curriculum is carefully mapped out into a Long-Term Plan by our highly skilled subject coordinator. This enables links between subjects to be identified and carefully planned for to support pupil's retention of knowledge, skills, behaviours and attitudes.

The academic year is broken down into six puzzle pieces (one for each half term). PSHE is taught discretely through each of the puzzle pieces and outcomes are demonstrated in the Class Jigsaw Journal.

At Bricknell, all PSHE lessons will follow the same teaching sequence outlined below:



In light of Covid 19 and Bricknell's Recovery Curriculum, subject leaders have identified key concepts across the curriculum which need to be prioritised in each year group to ensure that pupils have the knowledge required to access their next progressive steps in their education and enable them to access the National Curriculum.

Additional to the discrete PSHE lessons, all pupils will be included in a PSHE assembly focusing on celebrating the puzzle piece for that week, a Safeguarding assembly, an aspiration assembly and a celebration assembly. Throughout the school, mindfulness will also be practiced as the children come in from lunch to prepare their minds for their afternoon of learning.

Impact

A wide range of strategies are used to measure the impact of our PSHE curriculum. Our teaching sequence allows children to respond to their learning, from the session, during the 'Help me reflect' section and to assess how they feel they achieved in each session. The impact of our PSHE curriculum is also monitored daily across the school in a variety of different environments across structured and unstructured times. The behaviours and attitudes of all pupils is also monitored, reflected upon and celebrated during weekly Jigsaw assemblies and whole school celebration assemblies.

As a flagship school, we receive regular monitoring visits regarding the implementation and impact of our PSHE provision which provides us with external validation for a robust curriculum.

Holistic assessments are also carried out weekly at the end of every discrete Jigsaw session. Summative assessments are carried out half termly using an internal assessment tool. As a result of these assessment tools, pupils' misconceptions or gaps in subject knowledge, skills, behaviours and attitudes are addressed and additional teaching and support is provided. At Bricknell, we offer a variety of additional support for children who are struggling with the Social and Emotional areas of learning. We have highly skilled members of staff trained in ELSA, a dedicated Safeguarding officer and wellbeing coordinators.

In EYFS, staff professional judgements are valued. Assessments are formative so that they quickly make a difference to children's learning. They inform the provision of activities and experiences which develop children's skills and knowledge as well as giving opportunity for further practise. We record WOW moments on Tapestry and build up a detailed picture of each child using a Child on a Page document.

Our Subject Leader will also monitor the effectiveness of the PSHE curriculum through carrying out regular subject 360 evaluations and completing a Quality assurance document. These evaluations are quality assured by the Senior Leadership and Governors.

The effectiveness of PSHE is also monitored through pupil and parental voice throughout the course of the year.

Extra-curricular

At Bricknell, we offer a wealth of extra-curricular activities and ensure that all pupils are given equal opportunities to access these. There is a diverse offer for our pupils which allows all talents and abilities to be celebrated giving opportunities for children to aspire to be the best they can be.

In addition to these additional opportunities, the delivery of PSHE allows pupils to develop the key skills underpinning Bricknell's Aspiration Curriculum to provide opportunities for whole school outcomes and enterprising events. Furthermore, through a range of enriching assemblies including PSHE, cultural awareness and safeguarding talks, the pupils are encouraged to participate in events across the country that raise awareness of global/national issues and celebrate the diverse world we

live in (e.g. School Diversity Week, Autism Awareness Week, Red nose Day and Online Safety Week etc).

Pupils in Year 5 and 6 can also choose to study the subject as part of the Graduate Awards Programme. As part of this award, pupils receive a study pack, attend study sessions at school and study at home in their own time. When a pupil feels confident in the subject they are studying, they sit an exam with a member of the senior leadership team. Upon passing their test, they attend a graduation during a whole school celebration assembly where they receive a special star to wear with pride.

Jigsaw Families

At Bricknell, we promote parental engagement. We offer parents the opportunity to work alongside their child and undertake the Jigsaw Families Programme, which is designed to help build and foster positive relationships between families in the community; this course is in line with the pupil's PSHE curriculum and follows the same key concepts.

Cross curricular connections.

PSHE / SMSC is embedded throughout the curriculum and is evident across the school in a variety of different settings as well as in daily classroom practice. This is through developing the pupils' communication and collaborative skills, understanding and tolerance, behaviours and attitudes. We believe it underpins the fundamental skills to learning and this really is at the heart of our curriculum. We also believe that these key attributes which are monitored and revisited throughout the day prepare children for life at KS3 and beyond the classroom. We aspire for all our children to be global citizens and contribute positively to their local community and in all walks of life.

Equality

We believe that pupils at Bricknell Primary School should not be discriminated against in terms of the 9 protected characteristics (Age, Disability, Gender reassignment, Marriage/Civil partnership, Pregnancy/Maternity, Race, Religion/Belief, Sex and Sexual orientation). This intent is embedded and implemented across the whole PSHE curriculum. All children should have the opportunity to participate fully in classroom PSHE lessons, extra-curricular and whole school activities, therefore reasonable adjustments are made to accommodate all pupils.

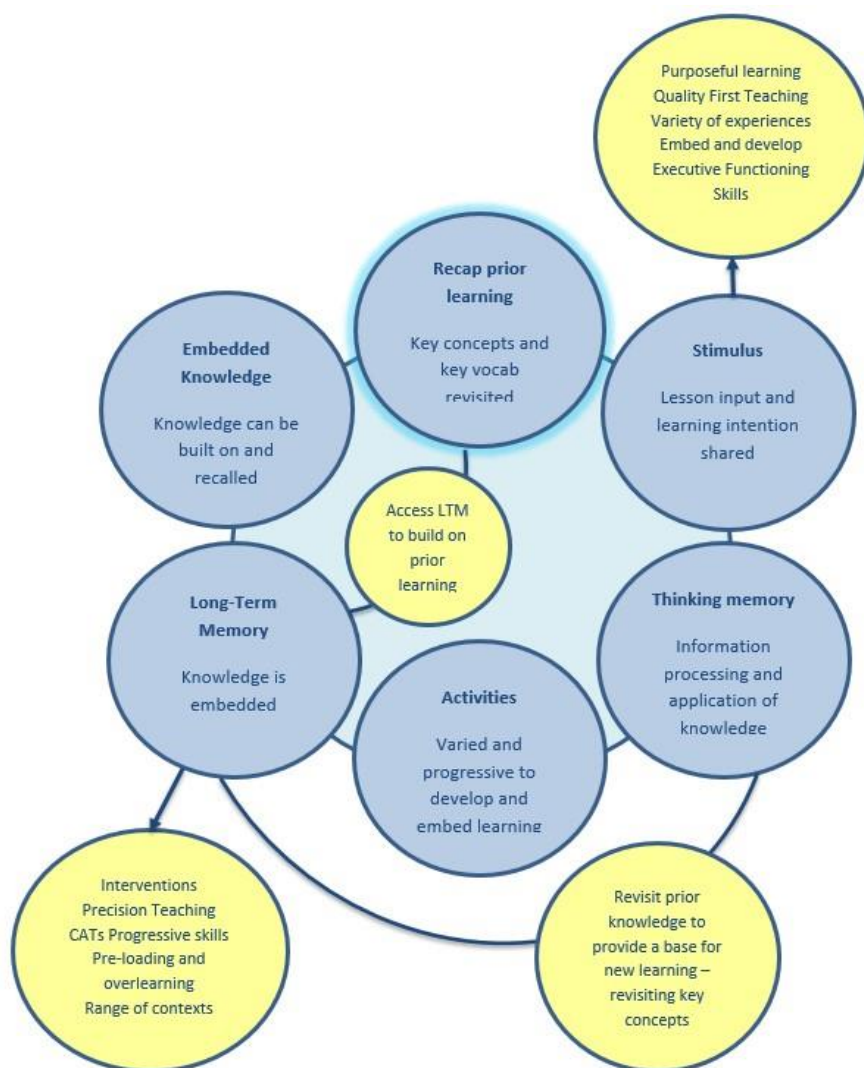
SEND

At Bricknell, we have a high SEND population and our pupils are fully immersed into the broad and balanced curriculum. However, we tailor the curriculum to meet the individual needs of SEND pupils. Where a child's need prevents them from accessing the Age Related Expectations for subjects, planning is tailored to meet the individual needs of all pupils using the CATs document. This document breaks down each objective across the curriculum to enable all pupils to achieve success at an appropriate level for their needs. This ranges from P4 to Year 6 to ensure that there is no ceiling on any child's learning. In addition to this, some pupils are given the opportunity to take part in an AQA life skills programme. This programme consists of a sequence of skills that children work towards and develop their independence. This programme has been developed by the external agency IPASS and is tailored to meet the individual needs of our pupils. Each skill, when mastered, is rewarded with a qualification and certificate. Prior to the children starting this at the age of seven, pupils take part in the CATs PSHE scheme of work which was developed alongside a local special school. This programme aims to plug gaps and remove barriers to learning.

Metacognition

Metacognition relates to thinking about thinking. It is a mechanism to enhance student learning, both for immediate outcomes and for helping students to understand their own learning processes. Metacognitive strategies are embedded into all areas of our curriculum and opportunities are planned to develop these skills over time. These skills include self-questioning, meditation, reflection, developing an awareness of strengths and weaknesses and an awareness of personal learning styles. Developing this metacognitive understanding is a skill for life. When learners “think about their thinking” they are more capable of independent self-improvement. At Bricknell, metacognitive strategies are learned, practiced and made into habits in order to improve learning, self-understanding and thinking skills impacting both the present and future.

Our metacognition and working memory model is shown below:



All staff have had extensive CPD, in collaboration with the Educational Psychologist, to support their understanding of child development and metacognition strategies to enable them to develop the knowledge and skills required to enable children to learn progressively over time.

Evaluation

In evaluating the effectiveness of our PSHE/SMSC teaching, we should be aware of the following:

- Do pupils understand the world they live in?
- Do pupils understand what makes them special and unique?

- Are pupils aware of how their life is similar and different to others from another culture?
- Can pupils set goals and understand steps they need to take to meet their goals?
- Do pupils understand how to look after their physical and mental health?
- Do pupils know what a healthy and unhealthy relationship looks like?
- Do pupils know how to manage their feelings both positive and negative?
- Do pupils understand the changes their bodies are going to experience?
- Do we create an environment which allows pupils to influence their learning journey?
- Do we ensure that children are able to work collaboratively?

Resources

All year groups have access to the Jigsaw portal, online community area, lesson plans, power points, animations, book references, internet links and videos in order to allow them to deliver a consistent PSHE/SMSC curriculum.

Staff CPD

Bricknell Primary School, invest heavily in CPD to ensure all staff feel empowered to deliver lessons, across all curriculum subjects, and have the ability to embed and assess the metacognition strengths of all pupils.